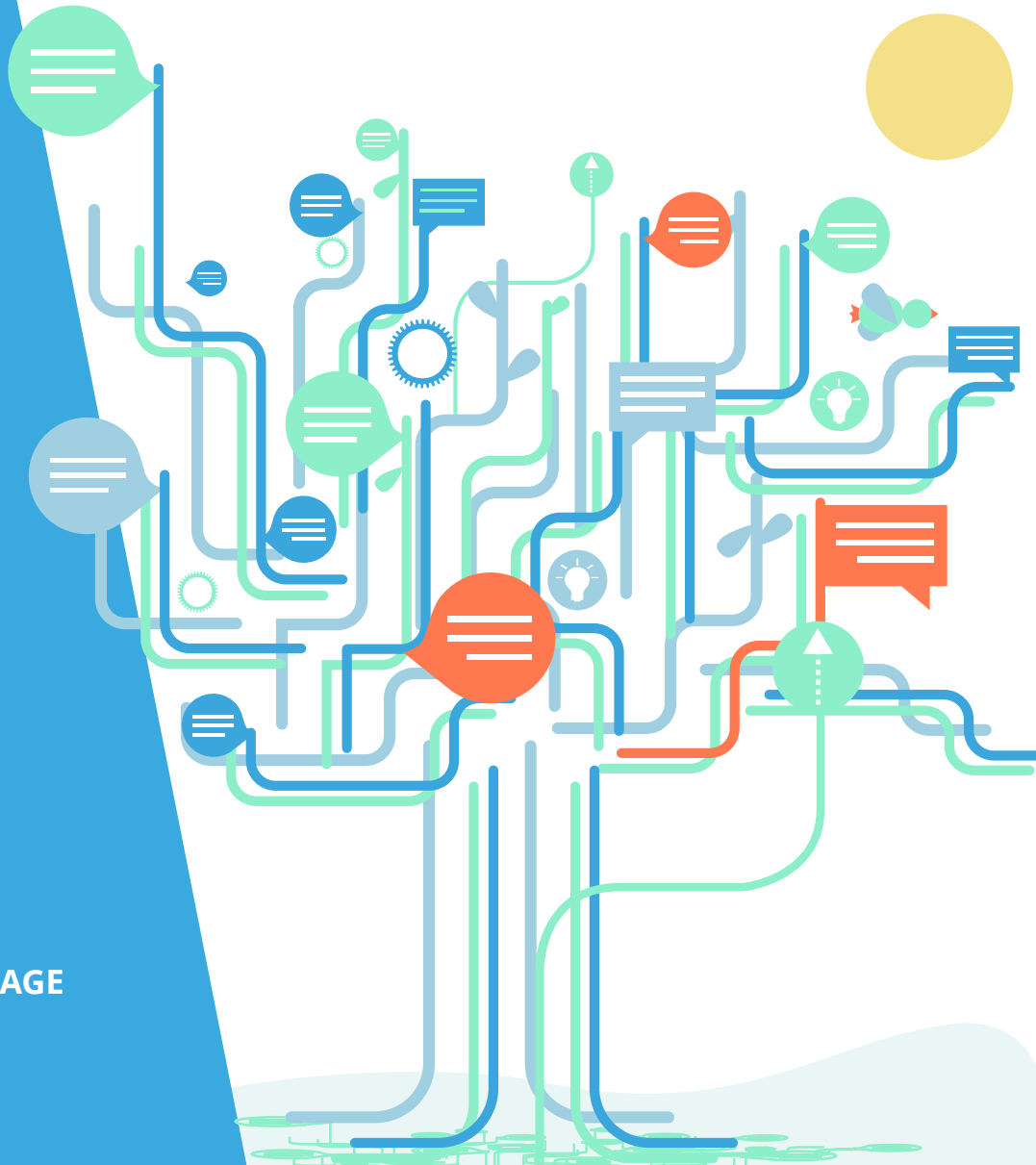


How tall are you?

COMMUNICATION

| LEVEL | NUMBER | LANGUAGE |
|----------|-------------|----------|
| Beginner | A1_1036X_EN | English |

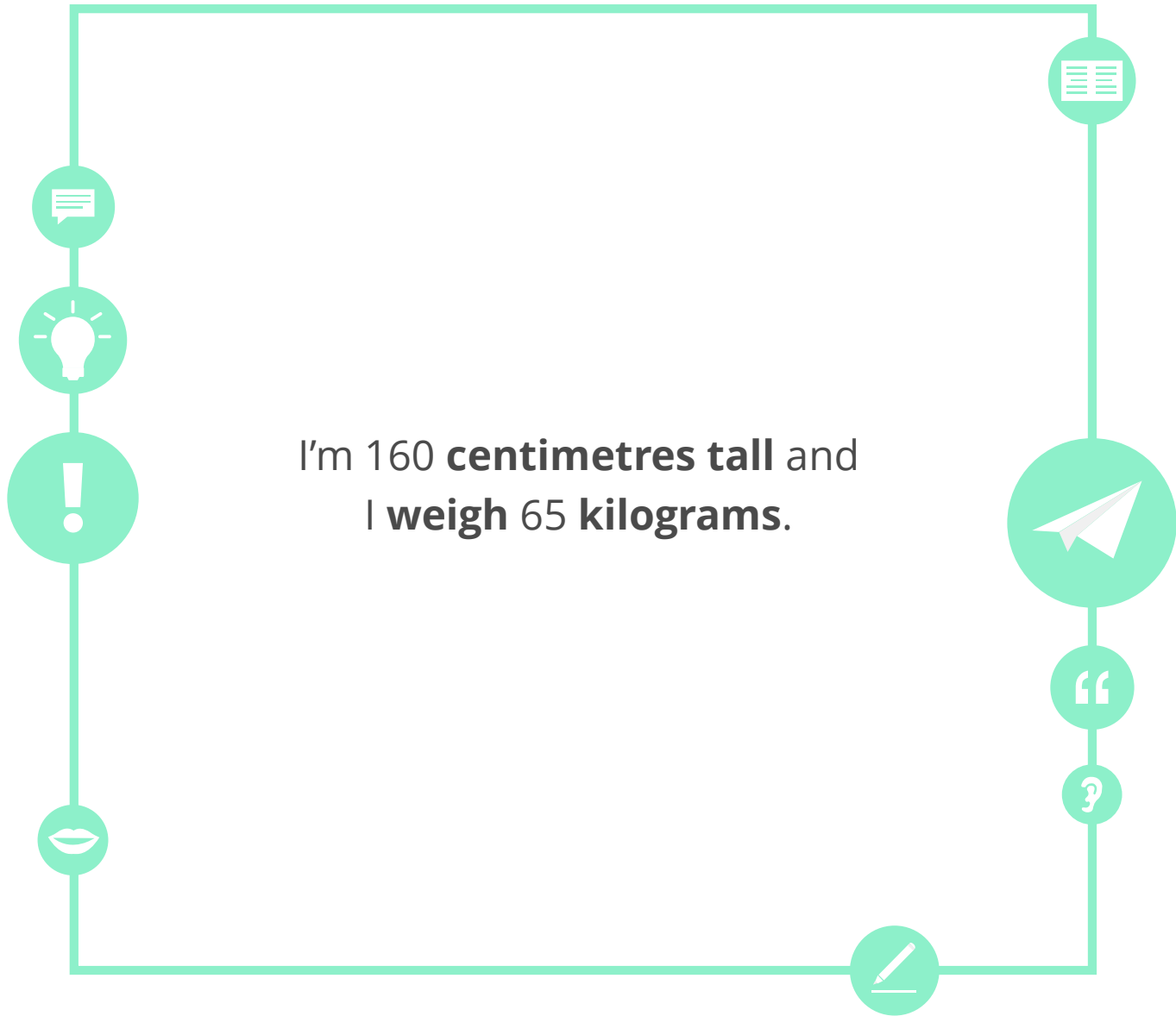




Goals

- Can state my height and weight
- Can ask and answer questions about how far away a place is





I'm 160 **centimetres tall** and
I **weigh** 65 **kilograms**.

height



Your **height** is how tall you are.

to measure something



Use metres and centimetres **to measure height.**



Metres and centimetres



There are **100 centimetres** in **1 metre**.

1 metre



100 centimetres

centimetres (cm)



My husband is 176 **centimetres** tall.

metres (m)



My mother is 1.48 **metres** tall.

tall



I'm 1.70 metres **tall**.



Imperial system of measurement



In the United Kingdom and the United States, **height** is in **feet** and **inches**.

| | | |
|--------|---|------------------|
| 1 foot | → | 12 inches |
| 1 foot | → | 30.5 centimetres |

feet and inches



She is short. She is 5 **feet**, 3 **inches** tall.



How tall are you?



I'm 1.83 metres tall.

I'm tall. I'm 5 feet, 8 inches tall.





Complete the dialogue

Use new words to complete the dialogue.



How _____ are you?

I'm 175 _____ tall. And you?



I'm 1.83 _____ .

In the United Kingdom that's 6 _____ tall, right?





Find the odd one out

metres

tall

centimetres

inches

weight



Your **weight** is how heavy you are.

kilograms (kg)



Use **kilograms** to measure weight.



Kilograms and grams



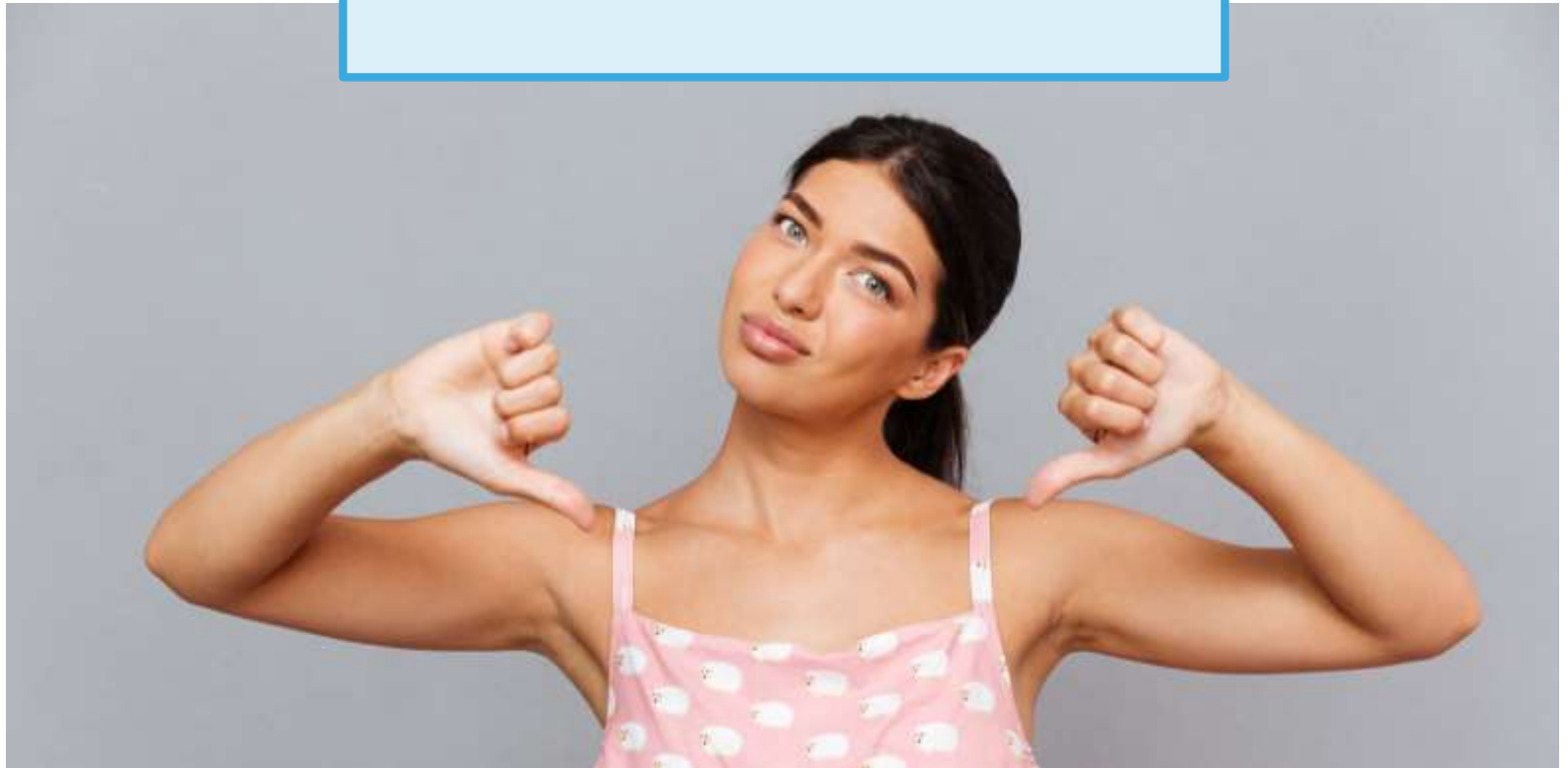
There are **1000 grams** in **1 kilogram**.

1 kilogram



1000 grams

weigh



I **weigh** 65 kilograms.



Imperial system of measurement



In the United Kingdom, for example, **weight** is traditionally measured in **pounds, ounces and stones**.

| | | |
|---------|---|-----------------------------|
| 1 pound | → | 454 grams / 0.454 kilograms |
| 1 pound | → | 16 ounces |
| 1 stone | → | 14 pounds |

pounds (lbs)



I weigh 140 **lbs**.



Language in use



I **weigh** 160 lbs.

I'm 65 **kilograms**.



I'm 180 **pounds**.

She's 25 **kg**.





Match the word to the short form

kilograms

pounds

centimetres

lbs

cm

kg



Use the words to talk about yourself

metres

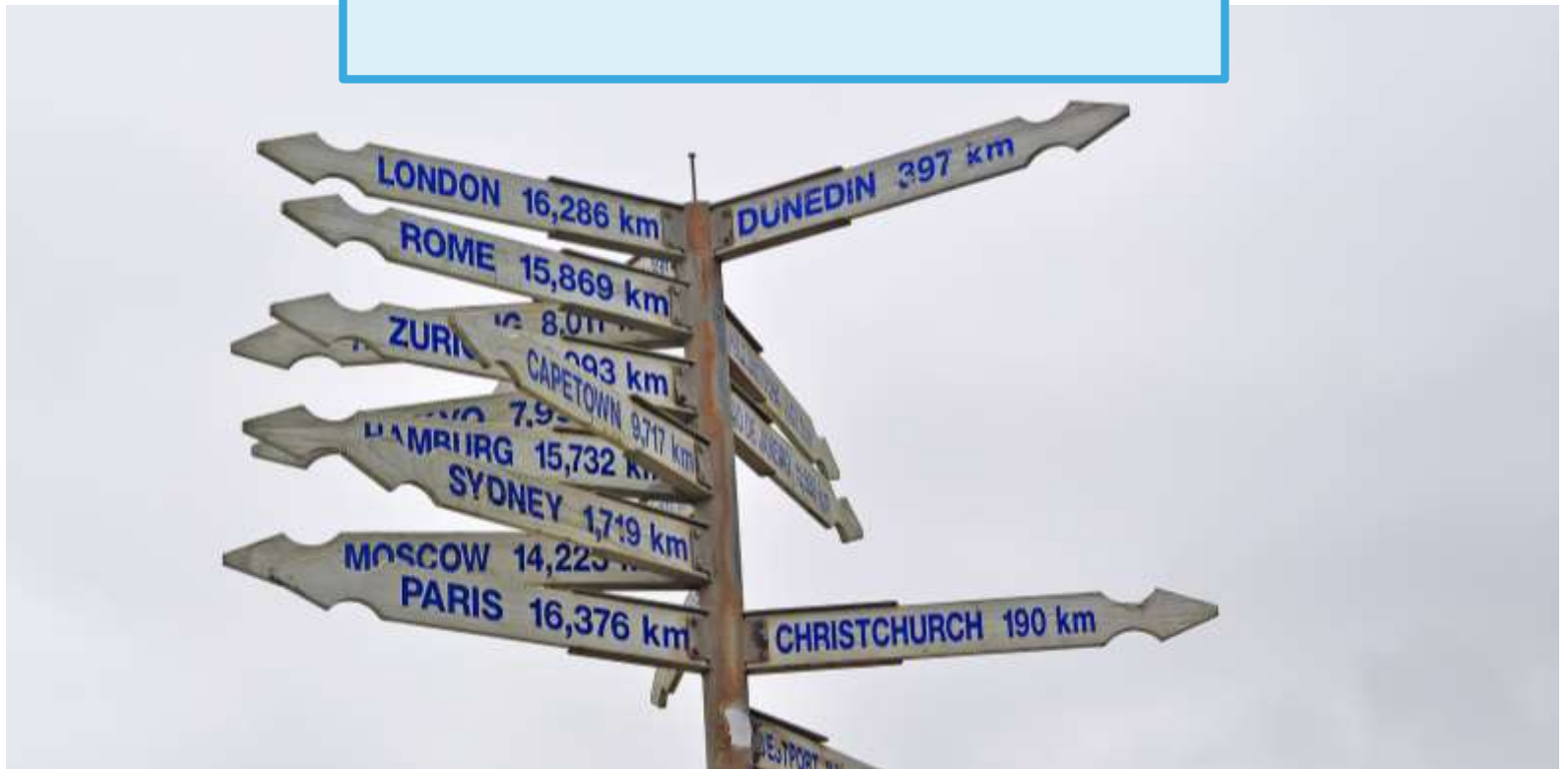
feet

kilograms

pounds



distance



Distance is how far one place is from another.

kilometre (km)



Use **kilometres** to measure distance.



Kilometres and metres



There are **1000 metres** in **1 kilometre**.

1 kilometre



1000 metres

far



How **far** is it to the park?

from...to



It's 2km **from** here **to** the park.



Imperial system of measurement



In the United Kingdom and the United States, **distance** is in **miles**.

1 mile



1.6 kilometres

miles



It's 5,936 miles from London to Tokyo.



How far is it?



It's 344km **from** Paris to London.

It's 214 **miles** from London to Paris.





Metric or Imperial?

| Metric | Imperial |
|--------|----------|
| | |
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centimetres (cm)

kilograms (kg)

metres (m)

feet

pounds (lbs)

miles

kilometres (km)

inches



About me

Hi! My name's Charlie. I'm from Essex.
 It's in _____ . It's 55
 _____ from Essex
 _____ London. That's about
 _____ km.

I'm 5 _____ , 7 inches tall and I
 _____ 190 lbs.



weigh

miles

feet

to

88

England



About you

Use these words to describe yourself, friends, family and places.

metres

centimetres

feet

kilograms

pounds

kilometres

miles

from

to



Game

Teacher: "160"
Student: "Is it centimetres and your height?"

- Your teacher says a number.
- It's about distance, height or weight.
- Try to guess the unit of measurement and the person or place.

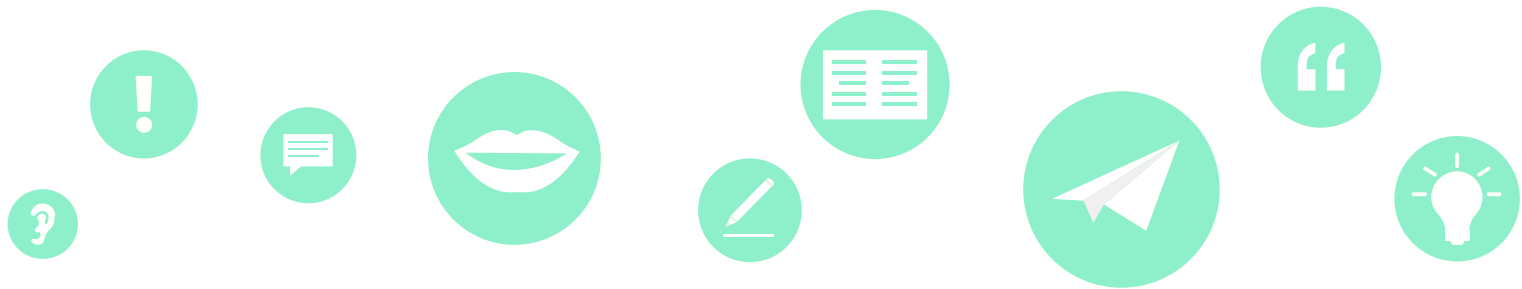


Reflect on the goals

Go back to the second slide of the lesson and check if you have achieved all the goals of the lesson.

yes

no

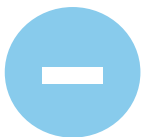
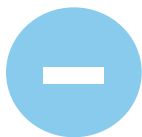




Reflect on this lesson

Think about everything you have seen in this lesson.
What were the most difficult activities or words? The easiest?



If you have time, go over
the most difficult slides again



Answer key

Exercise p. 13

1. tall, 2. centimetres, 3. metres, 4. feet

Exercise p. 14

tall

Exercise p. 22

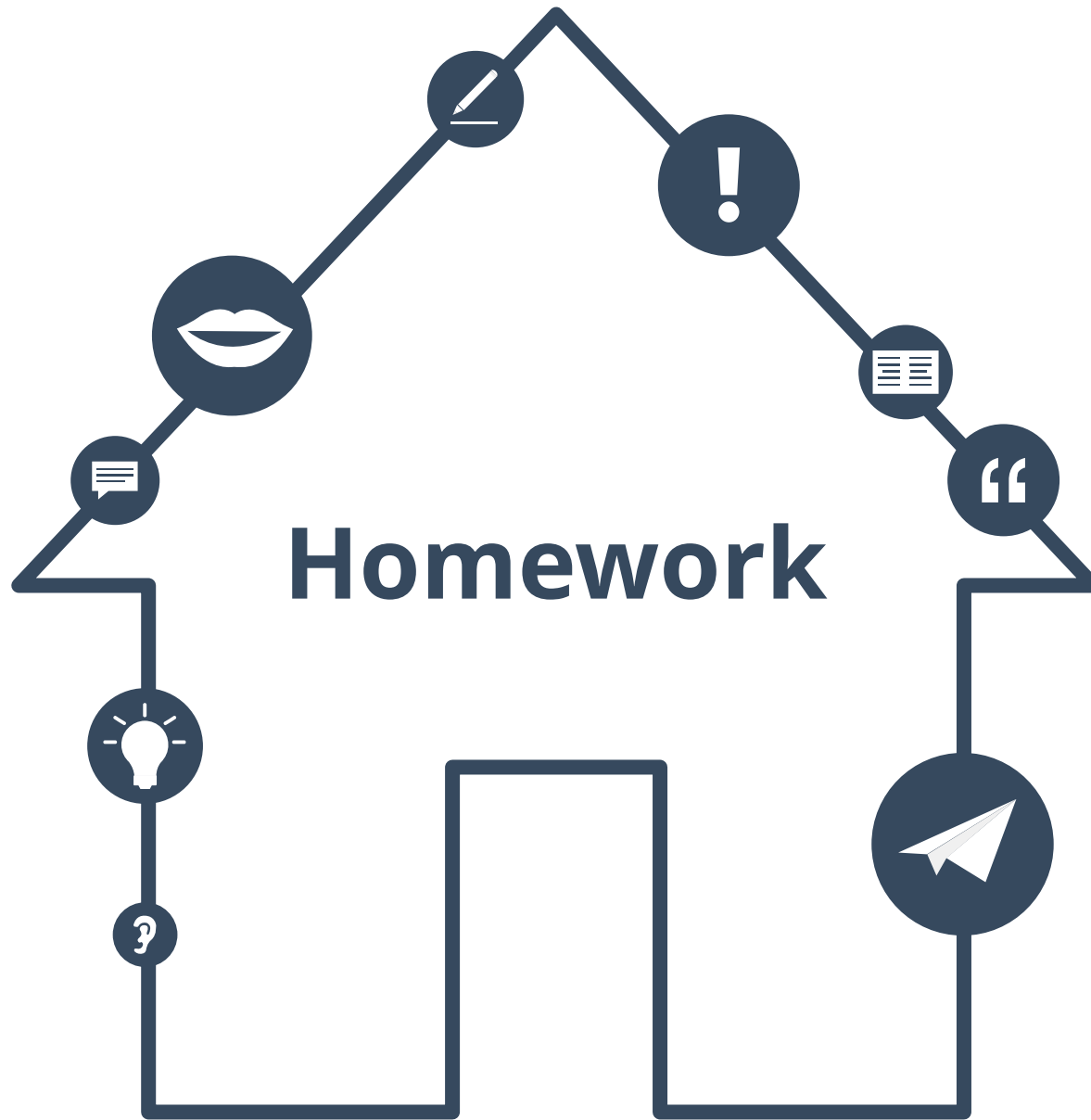
kilograms (kg), pounds (lbs), centimetres (cm)

Exercise p. 32

Metric: cm, kg, metres, kilometres
Imperial: feet, lbs, miles, metres

Exercise p. 33

England, miles, to, 88, feet, weigh





Fill in the gaps

1. Hi! My name's _____ .
2. I'm 180 _____ tall.
3. I _____ 80 kilograms.
4. It's 5 kilometres _____ my school to my house.
5. That's about 3 _____ .

Tony

miles

from

centimetres

weigh



Vocabulary lists

**Check the first five words of the lesson.
Sort them into two lists.
Give your lists a name.**

List 1: _____

List 2: _____



My favourite words

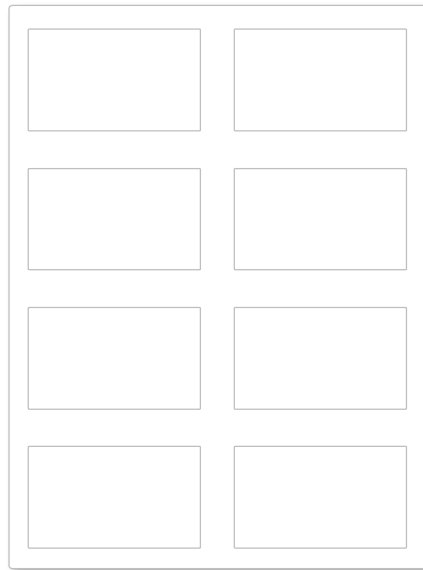
Choose five words or phrases from the lesson
and write them down in your list of *My favourite words*.

A graphic of a notepad with a spiral binding on the left. A white sticker with a blue tab is stuck to the top right of the page, reading "My favourite words". Below the sticker, the notepad has several horizontal lines. The first three lines are pre-filled with the text "Word one", "Word two", and "Word three" respectively. The fourth line is followed by an ellipsis "...", and the remaining lines are blank.



Make flashcards

Make flashcards out of paper and copy down four words or phrases from this lesson that are hard for you.





Sentences in the third person plural

**Choose five example sentences from this lesson.
Copy them and rewrite them about
a group of people (or using the pronoun *them*).**





Examples:





She is a doctor



→ Hannah and James are doctors.



He speaks English and French



→ They speak English and French.



...













Homework answer key

- Exercise p. 40**
1. Tony
 2. centimetres
 3. weigh
 4. from
 5. miles



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