

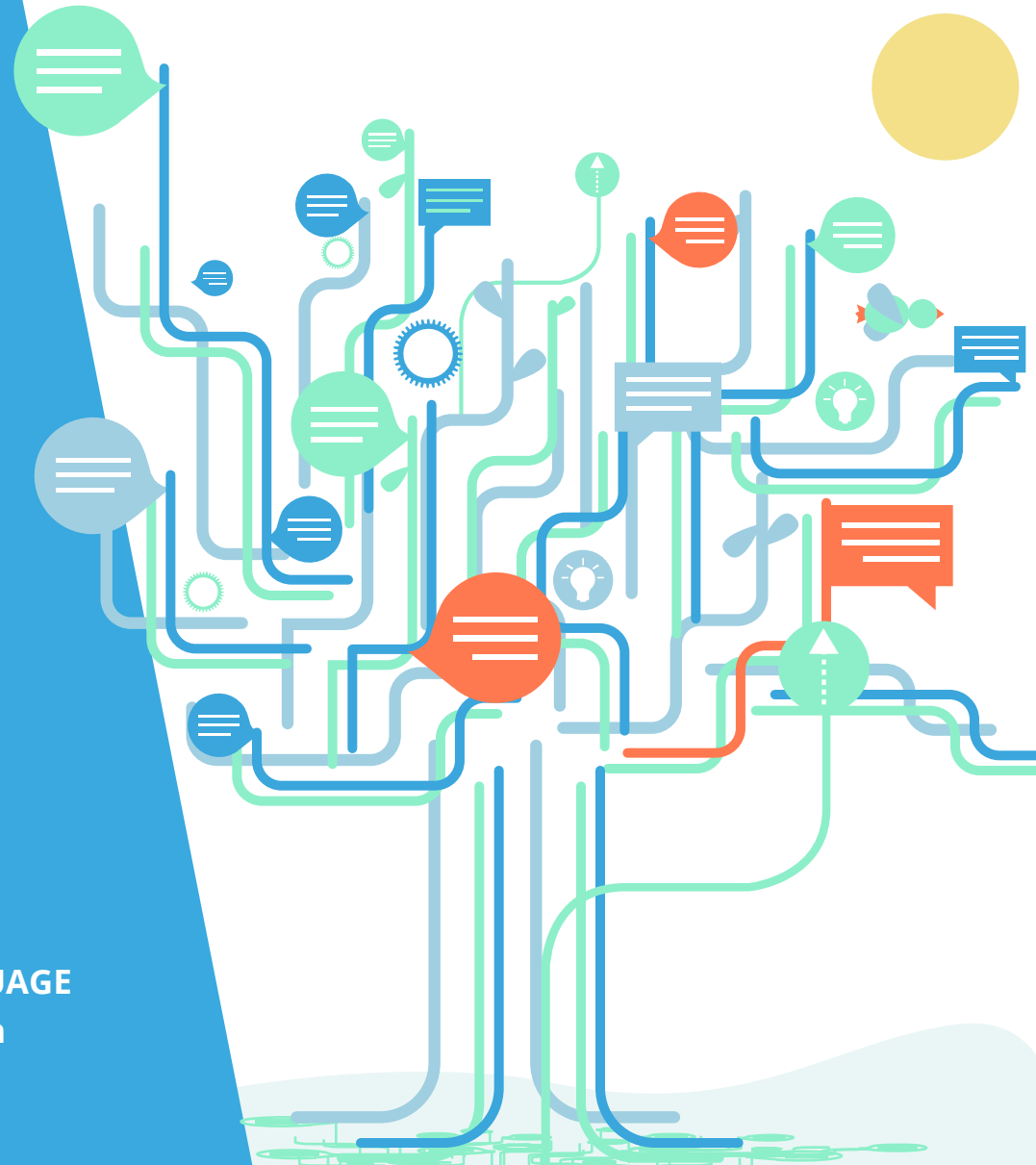
# Talking about my daily routine

SPEAKING

LEVEL  
Beginner

NUMBER  
A1\_1048S\_EN

LANGUAGE  
English



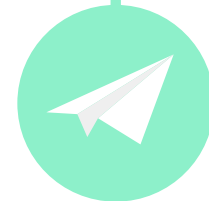


## Goals

- Can ask and answer questions about my daily routine.
- Can give details about how frequently I do these activities and at what time.



What do you do on **Monday**?  
I **always** go to work at eight **o'clock** on  
Monday. I **never** eat breakfast before  
work.





## Vocabulary review

to drive

underground

Saturday

before



always

when

half past

quarter to



## Talking about routines



I **always** drive my car to work on **Monday**.

I **sometimes** ride my bike home.



On weekends, I **never** wake up **before** noon.

I **usually** jog **during** the week.





## Questions and answers



**When** do you eat lunch?

I **always** eat lunch **between** noon and one o'clock in the afternoon.



**What** do you do on **Saturday**?

I **usually** meet friends and **sometimes** we go to a café.





## Complete the conversation



\_\_\_\_\_ do you go on Sundays?

\_\_\_\_\_ do you leave?

\_\_\_\_\_ do you eat?

That sounds like a fun weekend!

I \_\_\_\_\_ take the underground to the city and go shopping on Sundays.

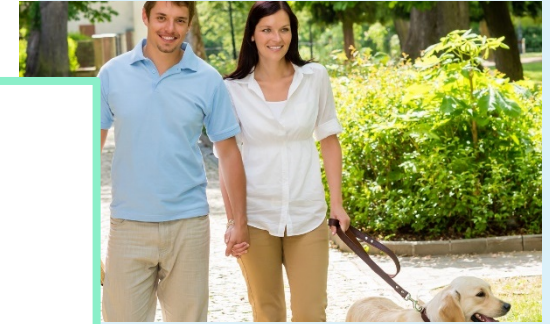
I usually leave home after lunch at two \_\_\_\_\_ in the afternoon.

Sometimes I go to a restaurant and eat cake and drink coffee \_\_\_\_\_ I go home.



## Fill in the gaps

My favourite day of the \_\_\_\_\_  
is Sunday. I wake up at eight  
\_\_\_\_\_. I have breakfast at half  
\_\_\_\_\_ eight. I take our dog for  
a walk in the park \_\_\_\_\_  
breakfast. I play with the dog from  
breakfast \_\_\_\_\_ lunch. We  
\_\_\_\_\_ eat lunch with Tim's  
parents on Sundays. Tim and I like to  
walk around the city after lunch.  
\_\_\_\_\_ we visit museums or go  
to cafes. We always have dinner in a  
restaurant on Sundays. I love  
weekends.







## Ask do- questions

**Ask your teacher or classmates:  
When do you...?  
How often do you...?**





## Pronunciation

**Monday**



## Pronunciation

**Monday**

**Saturday**



## Pronunciation

**Monday**

**Saturday**

**Wednesday**



## Pronunciation

**Monday**

**Saturday**

**Wednesday**

**weekdays**



## Pronunciation

Monday

Saturday

Wednesday

weekdays

always



## Pronunciation

Monday

Saturday

Wednesday

weekdays

always

Practise saying the /eɪ/ sound.



## Which words have *ay*? Practise saying them

A

I always wake up at  
eight o'clock on  
Wednesday.

B

I take the  
underground to a café  
and eat cake.

C

I watch the planes fly  
on Mondays.

D

They fly to Spain on  
weekdays.





## Talk about your routines

Answer the questions:



When do you take the underground?

How often do you fly in a plane?

What do you do on Saturdays?



## Ask about routines

Use these words to ask your teacher or your classmates about their routines. Listen to their answers.

what

who

where

when

why

which

how often

how long

...



# Have a conversation about your routines





## Think of ay words

Example: Monday

- Your teacher says a word with the **/eɪ/** sound.
- You say another one.
- Keep it going until you can't think of anymore.



## Reflect on the goals

Go back to the second slide of the lesson and check if you have achieved all the goals of the lesson.

yes

no




## Reflect on this lesson

Think about everything you have seen in this lesson.  
What were the most difficult activities or words? The easiest?



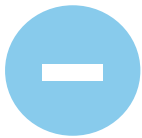
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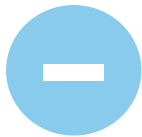
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\_\_\_\_\_

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If you have time, go over  
the most difficult slides again



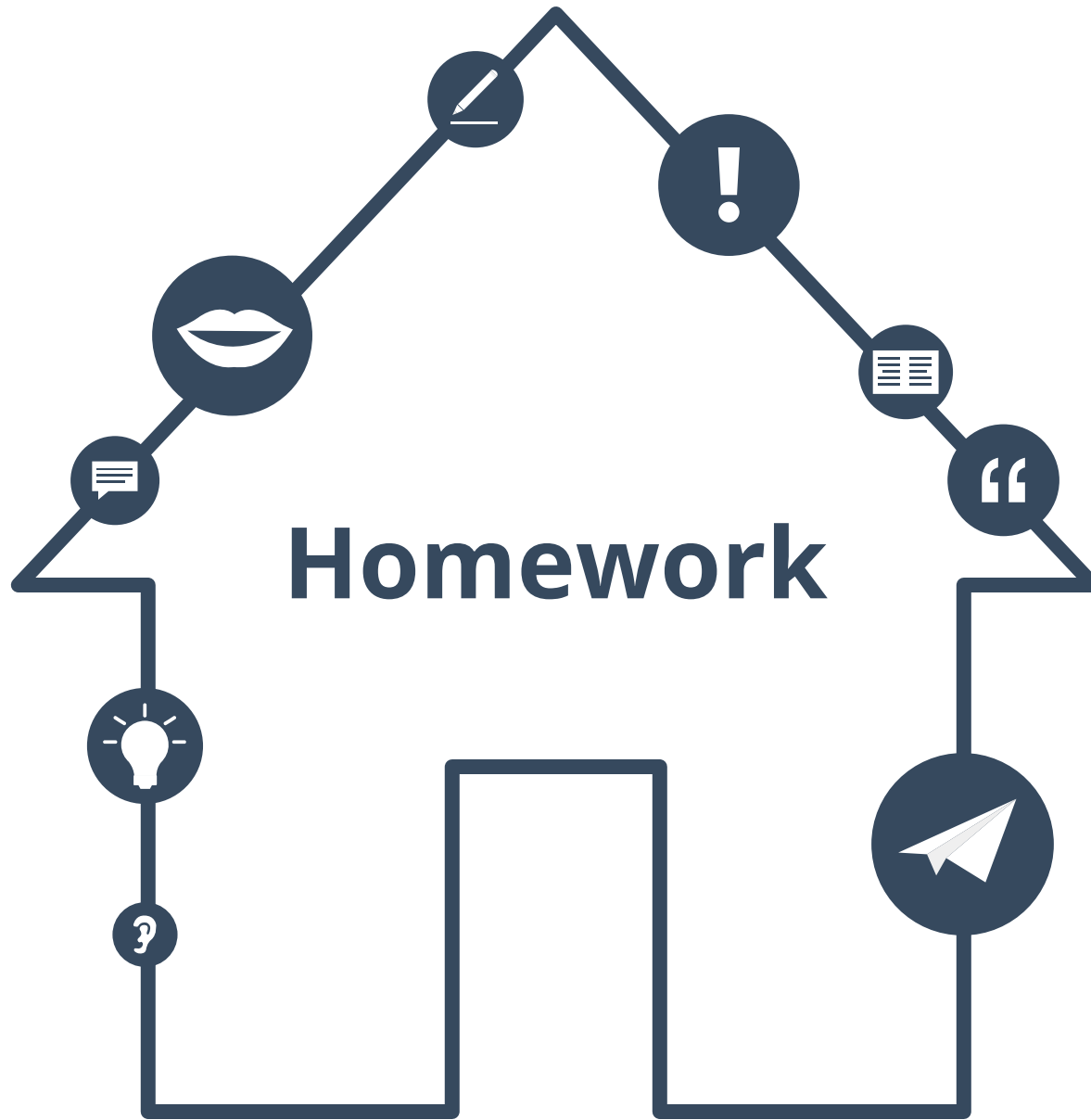


## Answer key

**Exercise p. 7.** Where do you go on Sundays? In always/never/usually take the underground to the city and go shopping on Sundays. When do you leave? I usually leave home after lunch at two o'clock. What/Where do you eat? Sometimes I go to a restaurant and eat cake and drink coffee before I go home. That sounds like a fun weekend!

**Exercise p. 8.** My favourite day of the week/weekend is Sunday. I wake up at eight o'clock. I have breakfast at half past eight. I take our dog for a walk in the park after breakfast. I play with the dog from breakfast until lunch. We always eat lunch with Tim's parents on Sundays. Tim and I like to walk around the city after lunch. Sometimes/Usually we visit museums or go to cafes. We always have dinner in a restaurant on Sundays. I love weekends.

**Exercise p. 16.** saying, always, wake, eight, Wednesday, take, café, cake, planes, Mondays, Spain, weekdays







## Match the sentences

1. Why do you like weekends?

2. When do you work?

3. Where are you from?

4. How often do you go shopping?

5. How long do you jog?

6. What do you do on Sundays?

7. Who is your husband?

a. I'm from Switzerland.

b. I don't work on weekends.

c. I jog from nine o'clock until a quarter to ten.

d. I always work on weekdays.

e. My husband is Tim.

f. I never wake up before noon on Sundays.

g. I usually go shopping on Wednesday and Saturday.



## Pronunciation

**Which words from this lesson are difficult to say out loud?  
The pronunciation pages have some examples.**



Pronunciation

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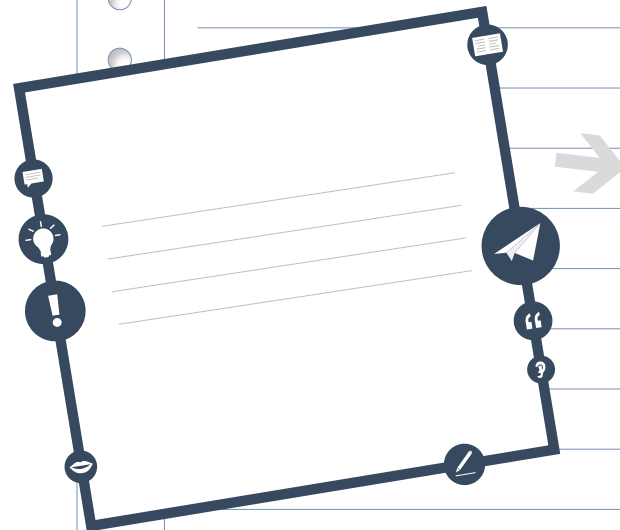
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## Text at the beginning

Go back to the text on page 3  
and read the text out loud.  
Was it easy?



Write the words  
you find difficult to say  
from the text on slide 3.



## Imagine a conversation

**Imagine a conversation between you and a friend.  
Write a dialogue using the phrases and words on page 4.  
You can use sentences from pages 5 and 6.**

When do you...?

I usually...

Where do  
you...?

I always...

How often do  
you...?

I never...

A vertical rectangular area on the right side of the page, designed to look like a sheet of lined paper. It features a vertical line on the left side with a series of small circles, suggesting a binder or spiral binding. The rest of the area is filled with horizontal lines for writing.



## Homework answer key

Exercise p. 24. 1. b 2. d 3. a 4. g 5. c 6. f 7. e



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