

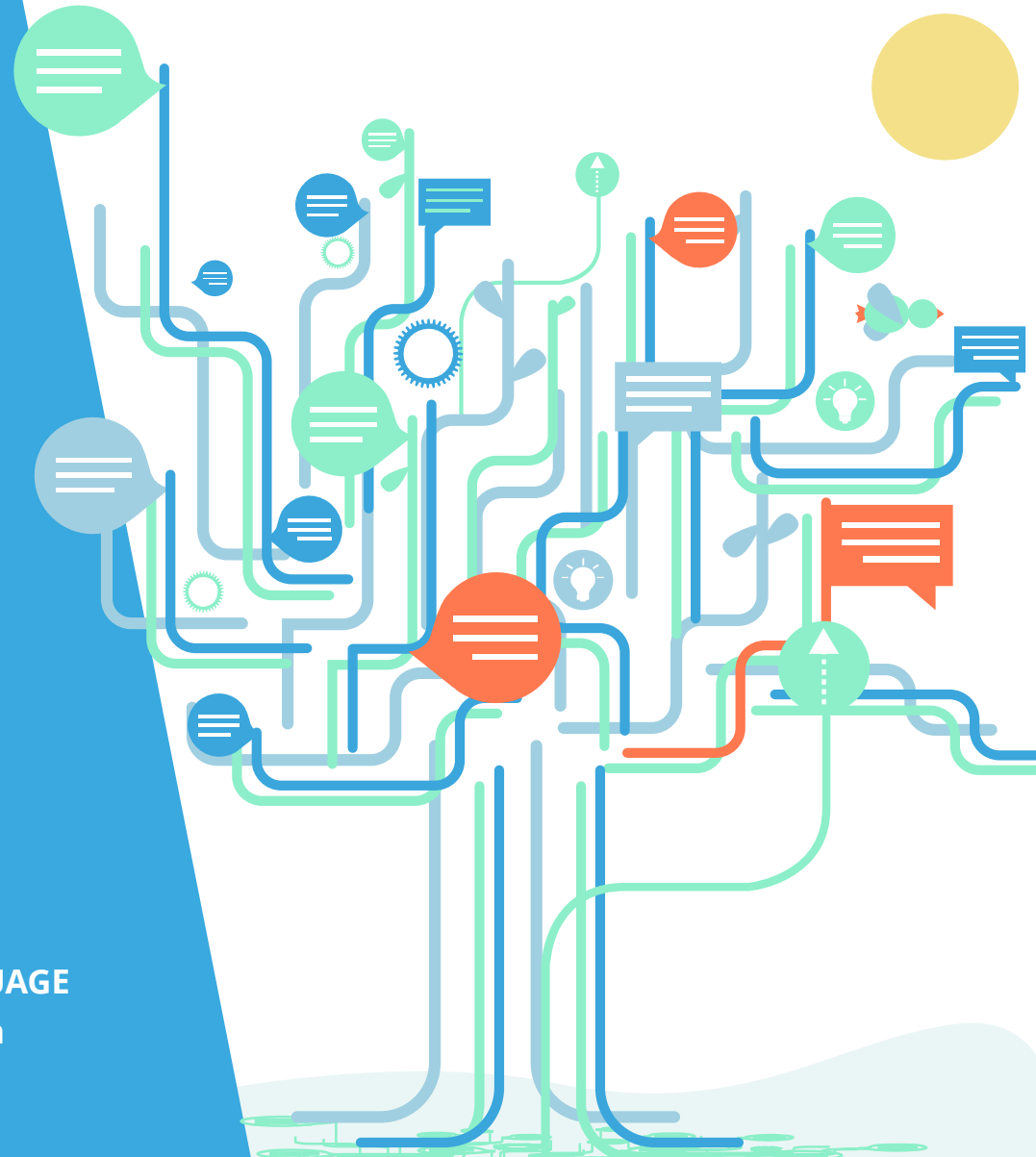
# Visiting the doctor

COMMUNICATION

LEVEL  
Beginner

NUMBER  
A2\_2066X\_EN

LANGUAGE  
English



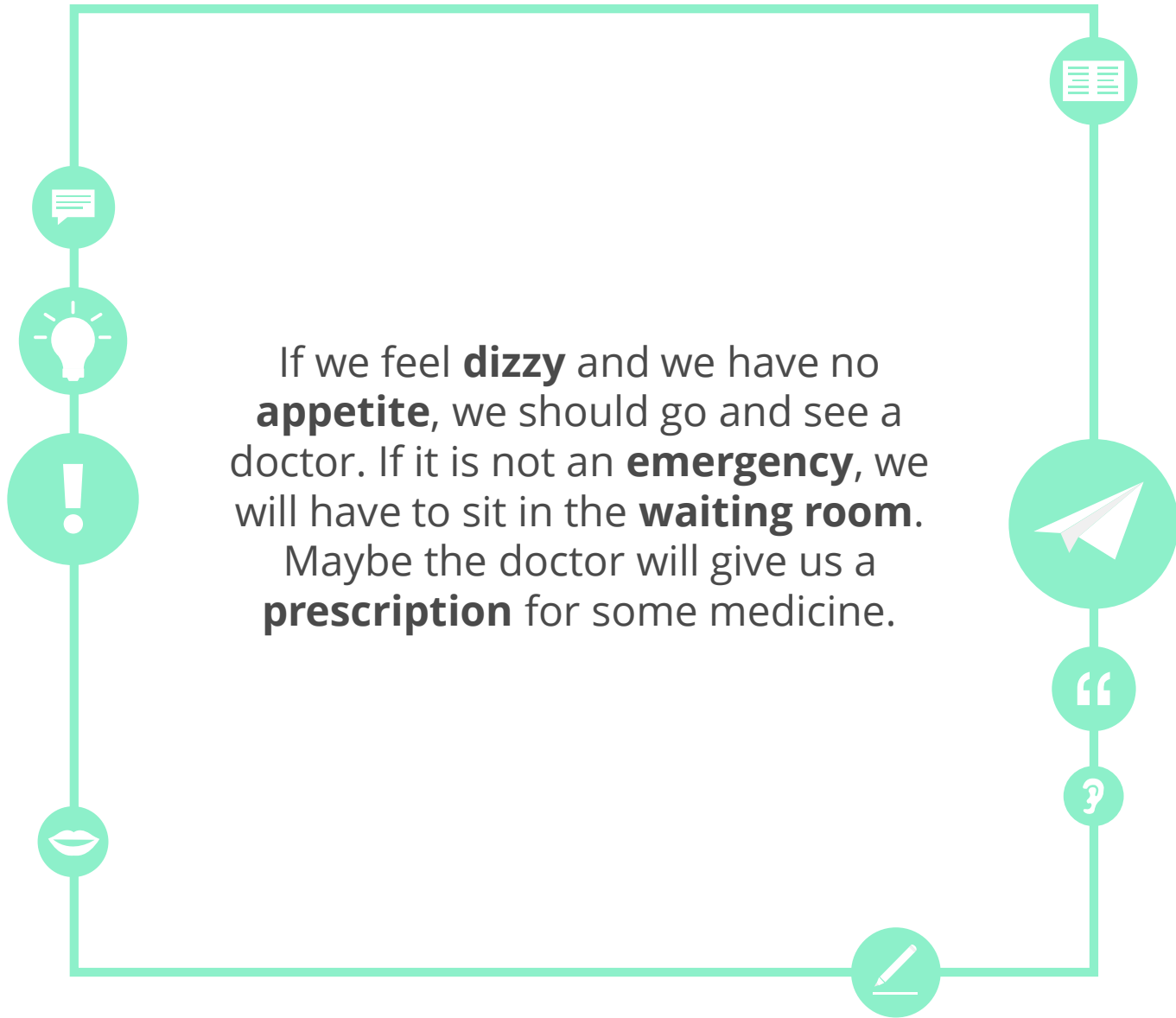


## Goals

- Can describe an illness or health issue to a doctor.
- Can distinguish between different types of bodily discomfort.



If we feel **dizzy** and we have no **appetite**, we should go and see a doctor. If it is not an **emergency**, we will have to sit in the **waiting room**. Maybe the doctor will give us a **prescription** for some medicine.





## Visiting the doctor

This lesson is about **visiting the doctor**. You will learn to talk about how you are feeling and you will be able to visit an English-speaking doctor.



I'm dizzy and I have a headache.



Do you remember these words?

patient

medicine

hospital

fever



headache

shot

pill

cold



Do you remember these words?



If we are very ill we should go to the **hospital**.

When our head hurts we have a **headache**.





Do you remember these words?



When we have a high temperature we may have a **fever**.

An injection is also called a **shot**.



When we sneeze and cough we may have a **cold**.

We can take a **pill** if we have a **headache**.



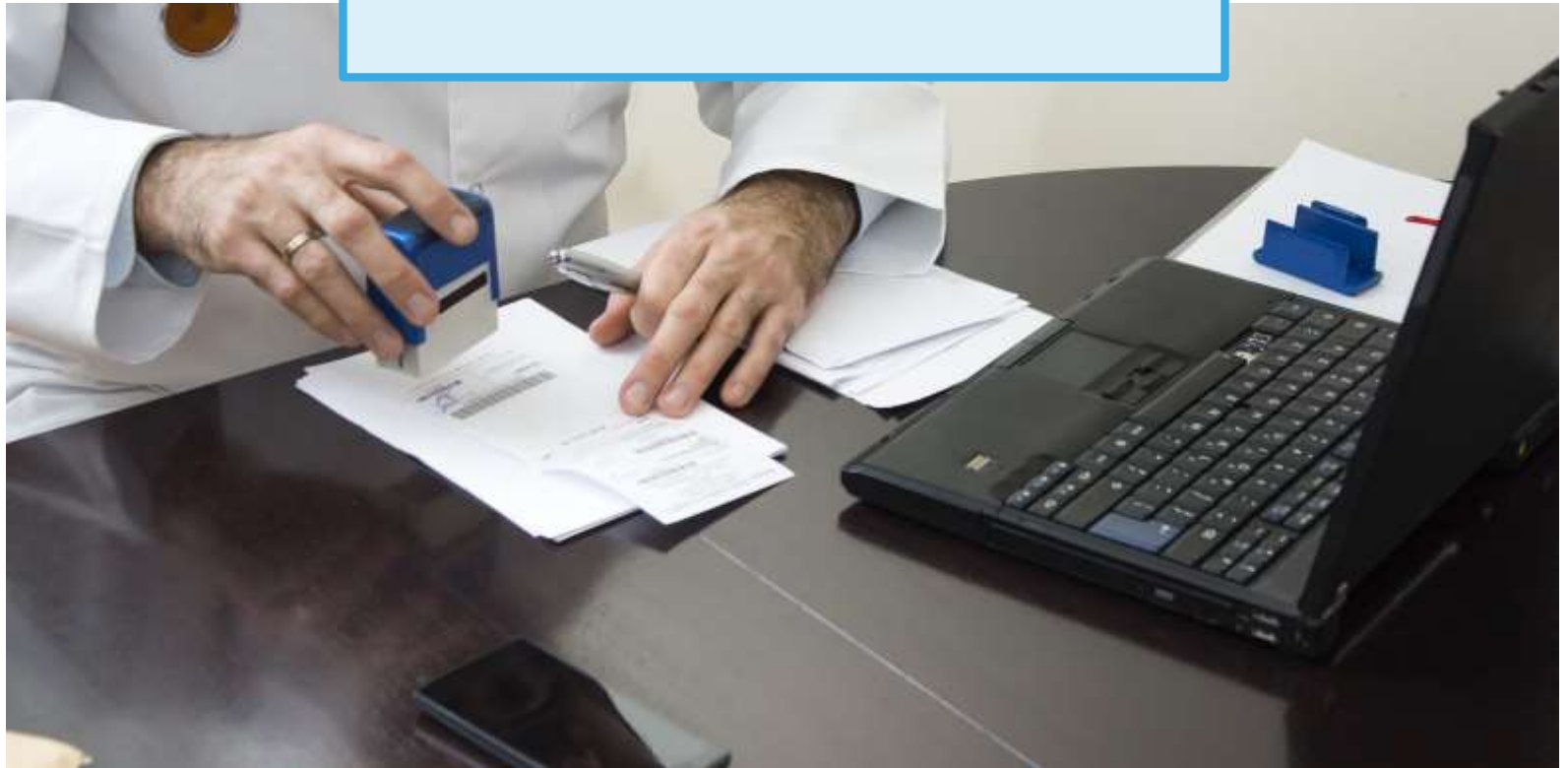
## waiting room



We wait to see the doctor in the **waiting room**.



## prescription



A doctor can write us a **prescription** if we need some medicine.

insurance



In the USA, people must have health **insurance** to get medical care.

emergency



In an **emergency**, an ambulance will take us to hospital.

surgery



If we need an operation, we have **surgery**.



## Visiting the doctor



A surgeon performs **surgery**.

Sometimes we wait for a long time in the **waiting room**.





## Visiting the doctor



Some medicines are only available on **prescription**.

When we go abroad, we should have travel **insurance** in case we get ill.



In an **emergency**, we call 112 in Europe.

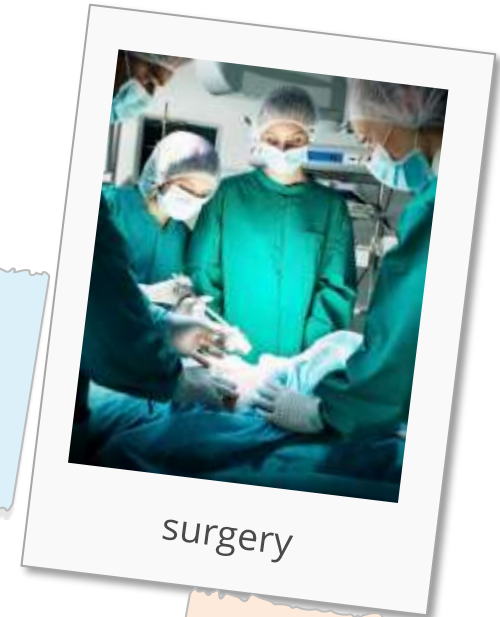
Some people have cosmetic **surgery** if they are not happy with how they look.





# Unscramble the sentences

patient. A surgeon on surgery performs a



free medicines Some prescription are in the UK.



## Choose the correct option

1. A doctor must write us a \_\_\_\_\_ for some medicines.

**a. surgery**

**b. prescription**

2. When we need an operation we have...

**a. insurance.**

**b. surgery.**

3. You should have travel \_\_\_\_\_ when you go on holiday.

**a. insurance**

**b. emergency**

4. When we have a serious illness it is an...

**a. waiting room.**

**b. emergency.**





## Visiting the doctor

When was the last time you visited the doctor? Can you tell your teacher about visiting the doctor in your country?



We don't need insurance...

It wasn't an emergency.

I had to wait...

We pay for prescriptions...

appetite



When we have no **appetite**, we don't want to eat.

dizzy



When we feel **dizzy**, our head spins and it's difficult to stand.

ache



Our legs often **ache** after exercise.

painful



If something is **painful**, it hurts a lot.

itchy



If your skin is **itchy**, you want to scratch it.



## Aches and pains



Insect bites can make us **itch**.

Pregnant women sometimes  
feel **dizzy**.





## Aches and pains



If we have a big **appetite**, we want to eat a lot of food.

When we have a stomach **ache**, we don't want to eat.



Breaking a bone is very **painful**.

If we have a tooth**ache**, we should go to the dentist.







## Describe the pictures

How do these people feel?





## Fill in the gaps

appetite

painful

prescription

insurance



surgery

ache

dizzy

emergency

Hello doctor. I hope you can help me. I feel very \_\_\_\_\_ today. My head is spinning and I feel sick.

No, I don't want to eat anything. I also have a stomach \_\_\_\_\_.

Yes, it hurts a lot. Do you think I need \_\_\_\_\_?

Oh good. I don't have \_\_\_\_\_ so surgery is too expensive for me.

Oh dear. Do you have an \_\_\_\_\_?

Please lie down on the bed. Is it \_\_\_\_\_ when I touch your stomach?

No! It's not an \_\_\_\_\_. I can write you a \_\_\_\_\_ for some medicine which will help.



## Visiting the doctor

**You are feeling ill and you decide to go to the doctor. Tell the doctor (your teacher) how you feel. The doctor will ask you some questions. Use the role play on the previous page as a guide.**



Owwwww!



Oh dear!

bruise



If something hits us, we get a **bruise**.

infection



We should not go too close to people with an **infection** because they can make us ill.

## first aid



Everyone should have a **first aid** kit in their car.

indigestion



Sometimes we get **indigestion** after eating.

sore

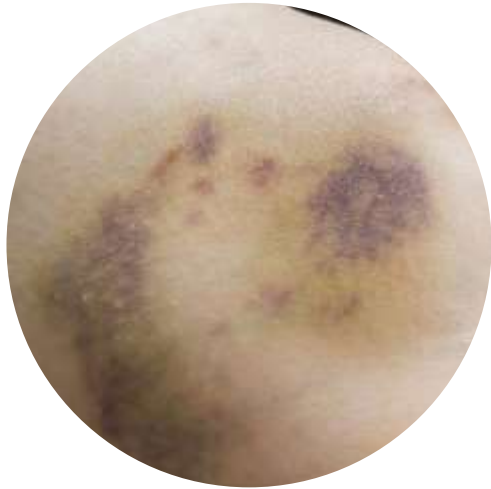


If we have a **sore** throat we cannot eat or talk easily.





## Our body



A **bruise** is often many different colours.

Some people take **first aid** courses.





## Our body



Our feet can hurt and be **sore** if we walk a lot.

We can take some medicine if we have **indigestion**.



**Flu** is an infection.

**First aid** is the first help we give when someone has an accident.





## Match the title to the description

1. indigestion

2. first aid

3. bruise

4. infection

A

When someone or something hits your face or body your skin often changes colour. It can be purple, red, yellow or green. It sometimes hurts when you touch it. Occasionally people also get one after they get a shot.

B

After we eat, sometimes we feel a pain in our stomach. This is often after we eat too much food. It also happens often to pregnant women. We can take some pills to feel better.

C

This is often the reason that we feel ill. A cold or the flu are examples of this. When we have this we should not go too close to other people, especially to small children or old people.

D

This is the help that we give someone after they have an accident. We should have a kit for this in our house, car and at work. This kit has plasters, bandages, scissors and a few other things.



## Describing health problems

Using the previous slide as a guide, describe two more health problems to your teacher. Can your teacher guess what you're talking about?





## Tell your teacher

Are you generally healthy? What about when you were a child?  
Do you remember being unwell?



appetite

dizzy

painful

itchy

sore

emergency

surgery

prescription

indigestion



Try to describe the word in bold without saying any of the other words on the card.

**headache**

pain

hurt

aspirin

**appetite**

food

hungry

eat

**prescription**

medicine

doctor

chemist

**surgery**

surgeon

operation

hospital



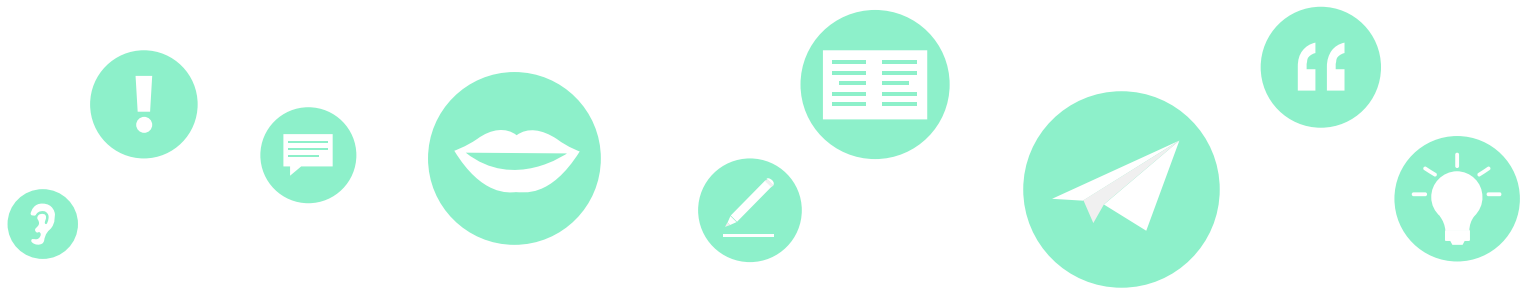
## Reflect on the goals

Go back to the second slide of the lesson and check if you have achieved all the goals of the lesson.

yes

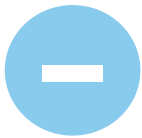
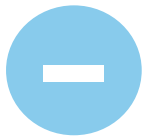
no



## Reflect on this lesson

Think about everything you have seen in this lesson.  
What were the most difficult activities or words? The easiest?

If you have time, go over  
the most difficult slides again





## Answer key

### Activity p. 15

A surgeon performs surgery on a patient. Some prescription medicines are free in the UK.

### Activity p. 16

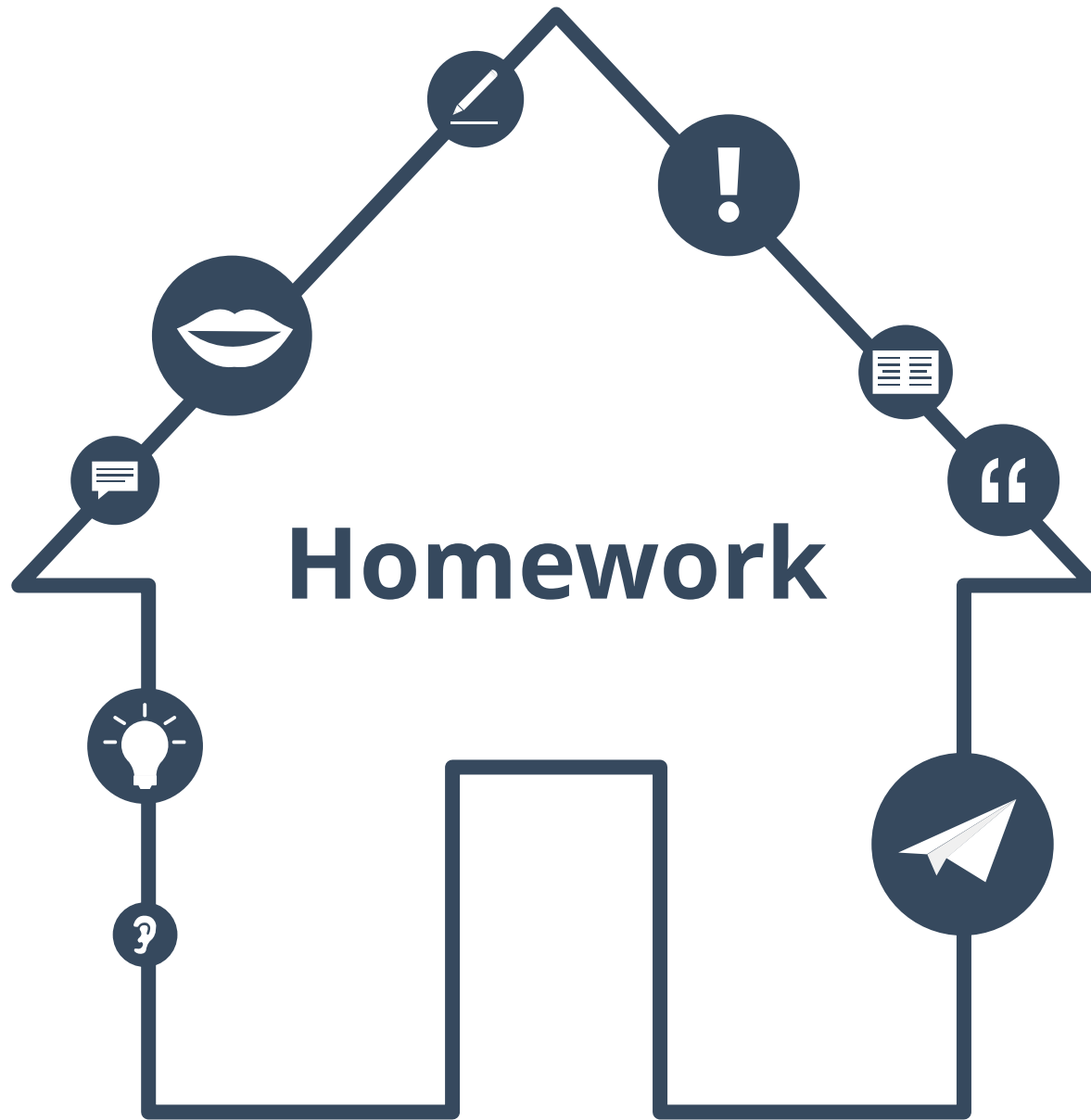
1. B, 2. B, 3. A, 4. B

### Activity p. 26

dizzy, appetite, ache, painful, surgery, emergency, prescription, insurance

### Activity p. 35

1. B, 2. D, 3. A, 4. C





## Fill in the gaps

1. We wait to see the doctor in the \_\_\_\_\_.
2. When our head spins we feel \_\_\_\_\_.
3. Our feet feel \_\_\_\_\_ when we walk a long way.
4. \_\_\_\_\_ is performed by a surgeon.
5. If you don't have \_\_\_\_\_, medical care is expensive in the USA.
6. A doctor writes a \_\_\_\_\_ for some medicines.
7. When something hurts a lot it is \_\_\_\_\_.

**prescription**

**surgery**

**dizzy**

**waiting room**

**sore**

**insurance**

**painful**



## Vocabulary lists

**Check the first five words of the lesson.  
Sort them into two lists.  
Give your lists a name.**

List 1: \_\_\_\_\_

---

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List 2: \_\_\_\_\_

---

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## My favourite words

Choose five words or phrases from the lesson  
and write them down in your list of my *favourite words*.

A graphic of a notepad with a spiral binding on the left. A white sticky note with a blue tab is attached to the top right, with the text "favourite words" written on it. Below the sticky note, the notepad has several horizontal lines. The first three lines are pre-filled with the text "Word one", "Word two", and "Word three" respectively. The fourth line is followed by an ellipsis "...", and the remaining lines are blank.



## Make flashcards

**Make flashcards out of paper and copy down four words or phrases from this lesson that are hard for you.**





## Sentences in the third person plural

**Choose five example sentences from this lesson.  
Copy them and rewrite them about  
a group of people (or using the pronoun *them*).**



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Examples:

---



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She is a doctor

---



→ Hannah and James are doctors.

---



He speaks English and French

---



→ They speak English and French.

---



...

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## Homework answer key

### Activity p. 43

1. waiting room, 2. dizzy, 3. sore, 4. Surgery, 5. insurance, 6. prescription, 7. painful





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