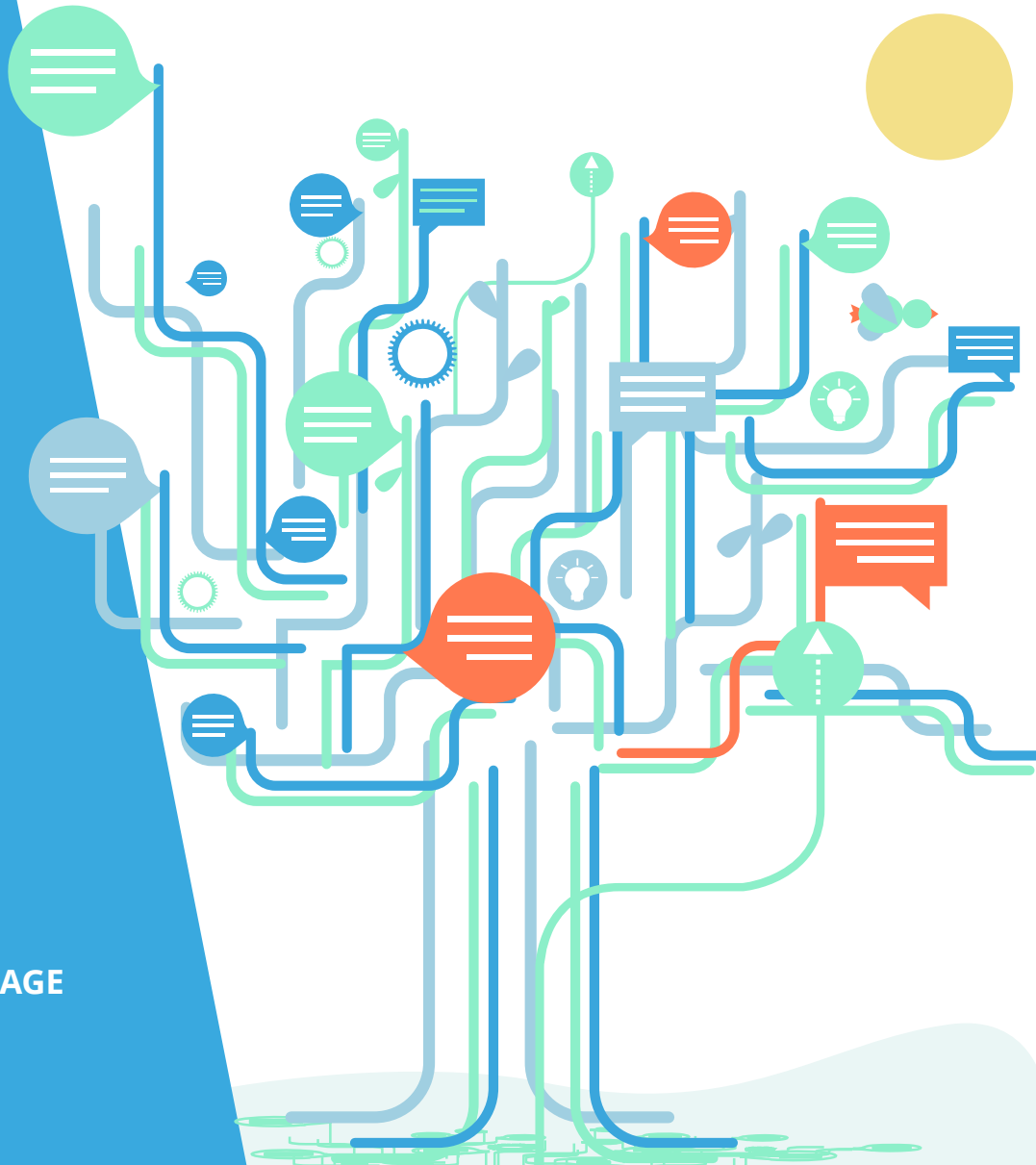


Real conversation

SPEAKING

LEVEL	NUMBER	LANGUAGE
Elementary	A2_2072S_EN	English



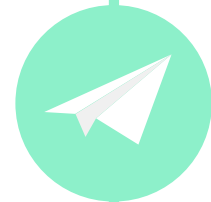


Goals

- Can distinguish between adverbs of frequency and manner, and use them to describe various situations.
- Can give a simple opinion on pet ownership and healthy lifestyles.



I **usually** go for a **check-up** once a month. I **always** do a lot of **physical activity** and have a **balanced diet**.





Adverbs of frequency and manner

always

ruthlessly

usually

quickly



sometimes

well

rarely

never



How often?



I **always** take my dog for a walk twice a day.

I **usually** exercise three times a week.



I **sometimes** go to the gym, but I prefer exercising outdoors.

I **rarely** eat fast food or sugar to help maintain a balanced diet.





Adverbs



I've **never** seen a tiger in the wild.

It's important for zoos to treat their animals **well**.



Cheetahs can run very **quickly**!

Some animals hunt their prey **ruthlessly**.





Adverbs of frequency

- **Adverbs of frequency** tell us **how often** something happens.
- Here are three of the most commonly used ones.

Always	Sometimes	Never
I always drink coffee in the morning.	I sometimes drink coffee in the afternoon.	I never drink coffee at night.
I always eat five portions of fruit and vegetables.	I sometimes eat out for lunch.	I never eat fast food.
Children always love playing.	Children sometimes like fruit.	Children never like broccoli.



Adverbs of frequency

- Here are some more **adverbs of frequency**.

Often	Usually	Occasionally	Rarely/hardly ever
I often go out for dinner.	I usually go to the gym after work.	I occasionally cycle to work.	I rarely eat chocolate.
They often wear a suit.	He usually calls his mum today.	They occasionally eat fast food.	She hardly ever wears trainers.
She often meets friends at school.	He usually arrives on time.	She occasionally gets angry.	She rarely arrives late.



Adverbs of manner

- **Adverbs of manner** tell us **how something is done**.
- Here are some examples.

She drives **carefully**.

We get dressed **quickly**.

She opens her present **happily**.

He shouts **loudly**.

I play the violin **beautifully**.

They speak **quietly** in the library.





Talk about your lifestyle

always

sometimes

rarely

never



Talk about it

Discuss these pictures using adverbs of frequency and manner.





Adverbs of manner

Use the adverbs of manner to describe how you do something.
Is there anything you want to add?



I usually drive slowly but when I'm late I drive quickly.

beautifully

slowly

quickly

happily

angrily

carefully



The animal kingdom

pet

amphibian

to look after

wolf



to feed

to hunt

mammal

predator



Pets and animals



Have you got any **pets**? I've got two dogs, a cat, three fish and a couple of birds.

They're easy **to look after** and I really enjoy their company.



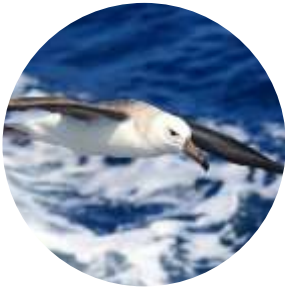
I **feed** the fish once a day and the cat and dogs twice or more!

Mammals have warm blood and feed milk to their young.





The animal kingdom



A **predator** is an animal that survives by killing and eating other animals.

Predators **hunt** their prey ruthlessly.



A **wolf** is an example of a ruthless predator.

An **amphibian** has cold blood and lays eggs to give birth.





Animals

Can you name all of the animals below?
Try to describe them.





Have you got any pets?

Talk to your teacher or a classmate about pets and animals, and how to look after them.

I **usually** take my dog for a walk before I go to work.

My pet snake is easy **to look after**.





The animal kingdom

Talk to a classmate or your teacher about these different types of animals.

Which one is your favourite?

mammal



predator



What do you think?

**What do you think
are the benefits of
having a pet?
Are there any
downsides?**



Pets and happiness

Do you think having a pet makes people happier and healthier?
Why or why not?



Yes! I have a dog
and I love taking
her for walks.

No, they are too
stressful.



Health and fitness

doctor

beneficial

health

mental health



balanced diet

stress

check-up

physical activity



A healthy lifestyle



When was the last time you went to the **doctor**?

As the saying goes: your **health** is your wealth.



You should have a **balanced diet** to stay healthy.

How often do you get a medical **check-up**?





A healthy lifestyle



Regular **physical activity** will help you to stay in shape.

You should avoid **stress** and try to do something relaxing once a day.



Your **mental health** is just as important as your physical health.

Exercise, a healthy diet and a healthy social life are **beneficial** to your overall well-being.





Body and illnesses

Brainstorm body parts with a classmate or your teacher.
Try to think of an illness or injury related to each body part.



She has **stomach ache**.



Doctor, doctor

Write and practise a dialogue with a classmate or your teacher about going to the doctor.

Use the words below to help you.

headache

sore back

cold

broken leg

check-up

diet

stress

physical activity

beneficial



Physical and mental health

What do you think is most important to look after your physical health? What about your mental health?



eating well

reducing stress



Animal alphabet

Example: A is for
alligator

- **Your teacher** thinks of **an animal beginning with a**, **you** think of **an animal beginning with b**...keep going until you can't think of another word!

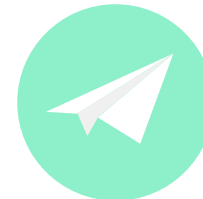


Reflect on the goals

Go back to the second slide of the lesson and check if you have achieved all the goals of the lesson.

yes

no

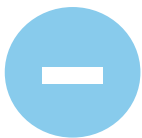
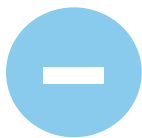




Reflect on this lesson

Think about everything you have seen in this lesson.
What were the most difficult activities or words? The easiest?



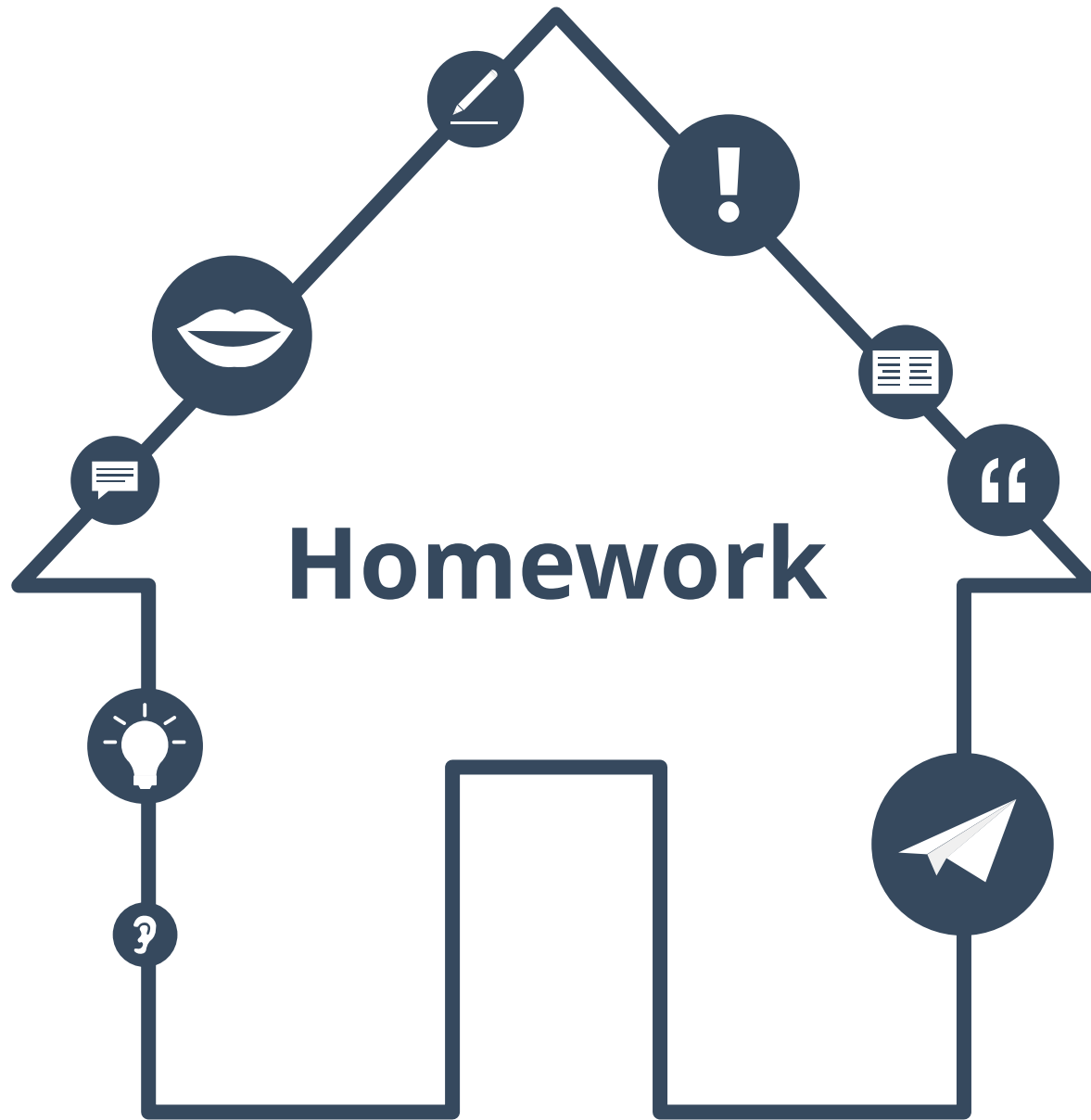



If you have time, go over
the most difficult slides again



Answer key

Activity p.10
Frequency: usually – sometimes – rarely – never – often
Manner: well – quickly – slowly – easily – quietly





Match the sentences

1. How often...

2. I usually go...

3. I have...

4. Mammals are...

5. Amphibians are...

6. I have a...

7. What's the...

a. to the gym twice a week.

b. sore neck.

c. animals with warm blood.

d. do you exercise?

e. matter?

f. never seen an elephant.

g. animals with cold blood.



Pronunciation

**Which words from this lesson are difficult to say out loud?
The pronunciation pages have some examples.**

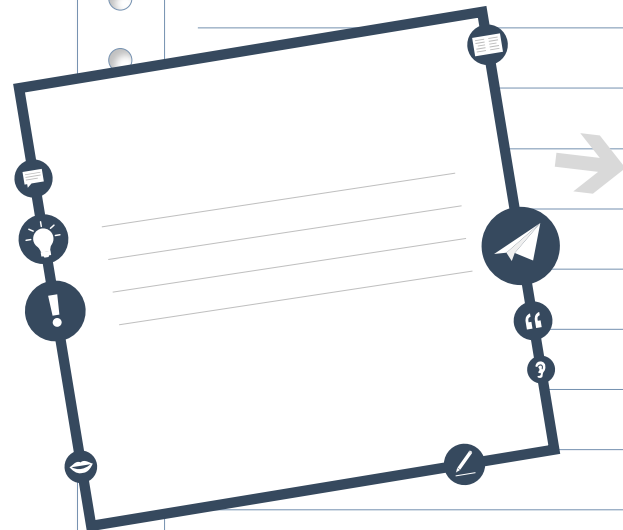


Pronunciation



Text at the beginning

Go back to the text on page 3
and read the text out loud.
Was it easy?



Write the words
you find difficult to say
from the text on slide 3.



Imagine a conversation

**Imagine a conversation between you and a friend.
Write a dialogue using the phrases and words on page 4.
You can use sentences from pages 5 and 6.**

Hello!

My friend...

Do you...?

I am...

How are you?

Good-bye!

A vertical sheet of white paper with a spiral binding on the left side and horizontal lines for writing.



Homework answer key

Activity p.25
1. d - 2. a - 3. f - 4. c - 5. g - 6. b - 7. e



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