

**LEVEL**  
**Intermediate**

**NUMBER**  
**B1 3025G EN**

**LANGUAGE**  
English





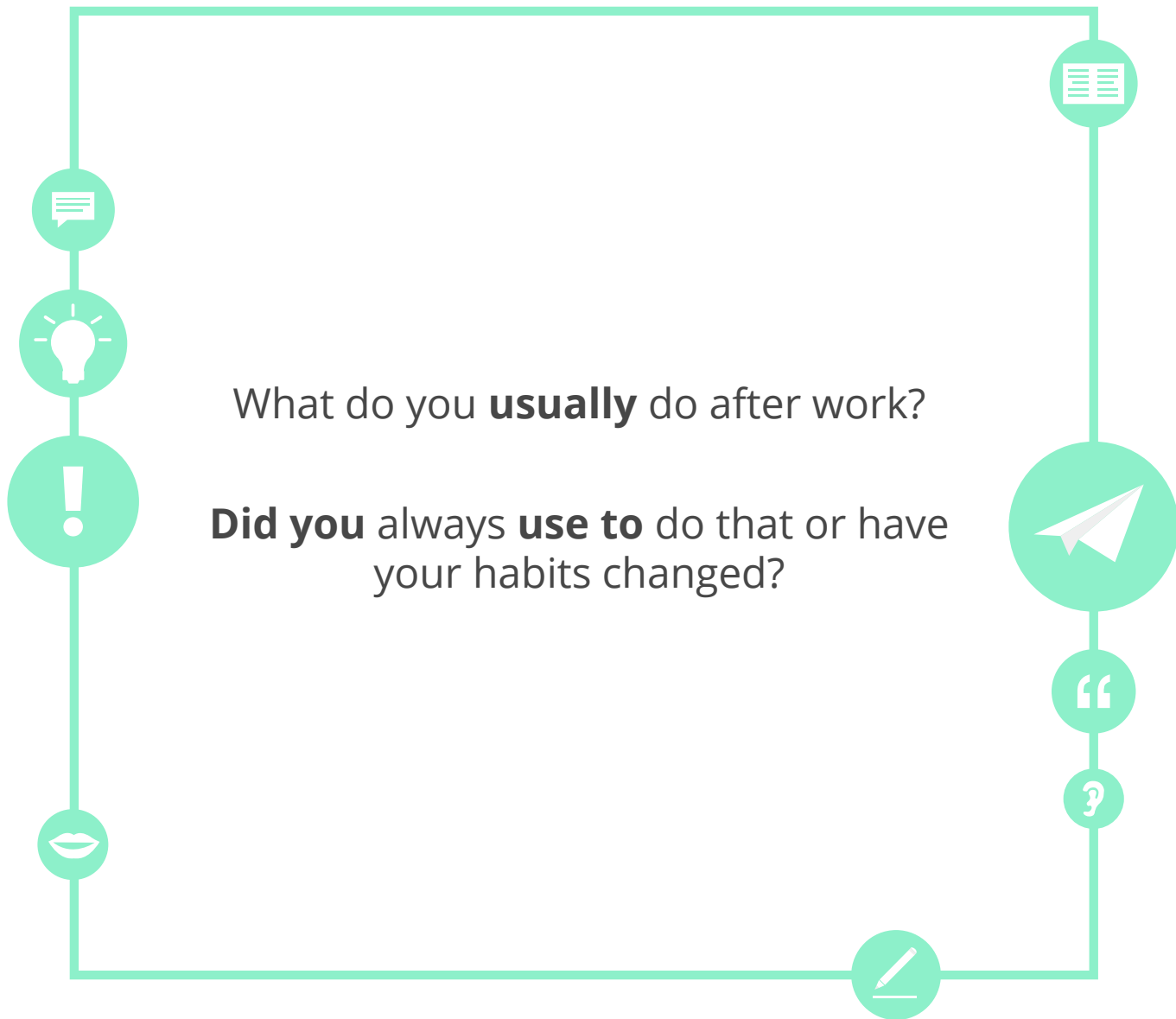


## Goals

- Can provide a simple explanation of the different uses of 'usually' and 'used to', with examples.
- Can accurately use 'usually' and 'used to' in a range of straightforward sentences.











## Preview and warm-up

- In this lesson you are going to learn how to use ***used to*** and ***usually***, and the differences between them.



I **usually** really enjoy my English lessons.





## Usually

- We use *usually* to talk about something we do **often** or that **normally happens**.
- Look at the examples below where *usually* is **after the subject**.

I **usually** eat lunch at work.

It **doesn't usually** rain in June.

Sara **usually** walks her dog in the morning.

I **usually** play netball on Saturdays.

Ellen **usually** likes waking up early.







## Usually

- *Usually* also goes in the **front position**.



**Usually** we eat dinner at home at around 7pm.

**Usually** I get up at 7am.



**Usually** the weather is quite nice here in August.

**Usually** we go on holiday in July.







## Move usually to the other position.

1. I don't usually eat meat on Tuesdays.



**Usually** I don't eat meat on Tuesdays.

2. I usually play video games with my friends on Fridays.



\_\_\_\_\_

3. Usually he doesn't like going to big parties.



\_\_\_\_\_

4. Usually they enjoy listening to rock music.



\_\_\_\_\_

5. We don't usually go out during the week.



\_\_\_\_\_





## Complete the sentences

**Complete the sentences so they are true for you.**

1. At the weekends I usually...
2. I don't usually \_\_\_\_\_ on Mondays.
3. People usually wear \_\_\_\_\_ in December in my country.
4. I usually eat \_\_\_\_\_ as a snack.
5. People usually buy clothes from \_\_\_\_\_ in my country.





## Speaking

**What do you usually do on Saturday nights?**

**What do you usually do just before going to sleep?**

**What is the weather usually like in your country in June?**

**Where do people usually spend their holidays in your country?**





## Used to

- **Used to** talks about something that was **true in the past** but is not any more.
- It can refer to **states** and **repeated actions**.

State	Repeated action
I used to like running.	I used to go running every morning.
That ring used to belong to my grandma.	My grandma used to wear that ring every day.
James used to believe in fairies and trolls.	My family and I used to go to France every year when I was younger.





## Used to

- The **negative** of *used to* is *didn't use to*. Look at the examples below.

I didn't use to like apples but now I do.

I didn't use to understand anything in English before I started having lessons.

Sarah didn't use to go on holiday when she was younger as her parents worked a lot.

We didn't use to eat in restaurants because I was picky with my food.







## Used to

- *Did you use to* is the **question form** of *used to*.

Did you use to like animals when you were younger?	Yes, I used to like animals.
Did you use to speak English better?	Yes, I did.
Did you use to go to see your grandparents every weekend?	No, I didn't. They lived too far away.



**Did you use to** go to nursery when you were a child?





## Used to



- There is **no present form** of *used to*.
- We only use it in the **past**.



I **didn't use to** know that.





## Fill in the gaps

Fill in the gaps with the correct form of *used to*.

1. \_\_\_\_\_ like going to the cinema when you were a child?
2. I \_\_\_\_\_ (not) live in the city when I was younger – I moved here when I started university.
3. We \_\_\_\_\_ go on holiday by car when I was younger.
4. They \_\_\_\_\_ (not) learn English at school – they learnt Russian instead.
5. \_\_\_\_\_ spend a lot of time with your grandparents when you were younger?







## Speaking

**Answer the questions with your classmates and teacher.**



1

What job did you use to dream about having when you were a child?

2

What did you use to be able to do but can't now?

3

Are there any foods you didn't use to like but do now?





## Writing

**Write three sentences using the prompts on the left.**

I always used to...

I didn't use to...

I sometimes used to...

A spiral-bound notebook with a blue cover and a white page. The page has a vertical blue line on the left and several horizontal lines for writing.





## Fill in the gaps

Fill in the gaps with *usually* or *used to*.

1. I \_\_\_\_\_ hate waking up early because I am a night owl.
2. I \_\_\_\_\_ like swimming when I was a child because I was scared of the Loch Ness Monster!
3. \_\_\_\_\_ she goes to bed quite early, but last night was an exception.
4. \_\_\_\_\_ play with dolls when you were a child?
5. I \_\_\_\_\_ go for a walk after dinner because it is good for me.







## Answer the questions

What do you usually do for exercise? What did you use to do when you were younger?

How do children usually spend their holidays nowadays? Did you use to spend yours in the same way?

What kind of restaurant do you usually choose if you go for dinner? Did you always use to go to such a place?

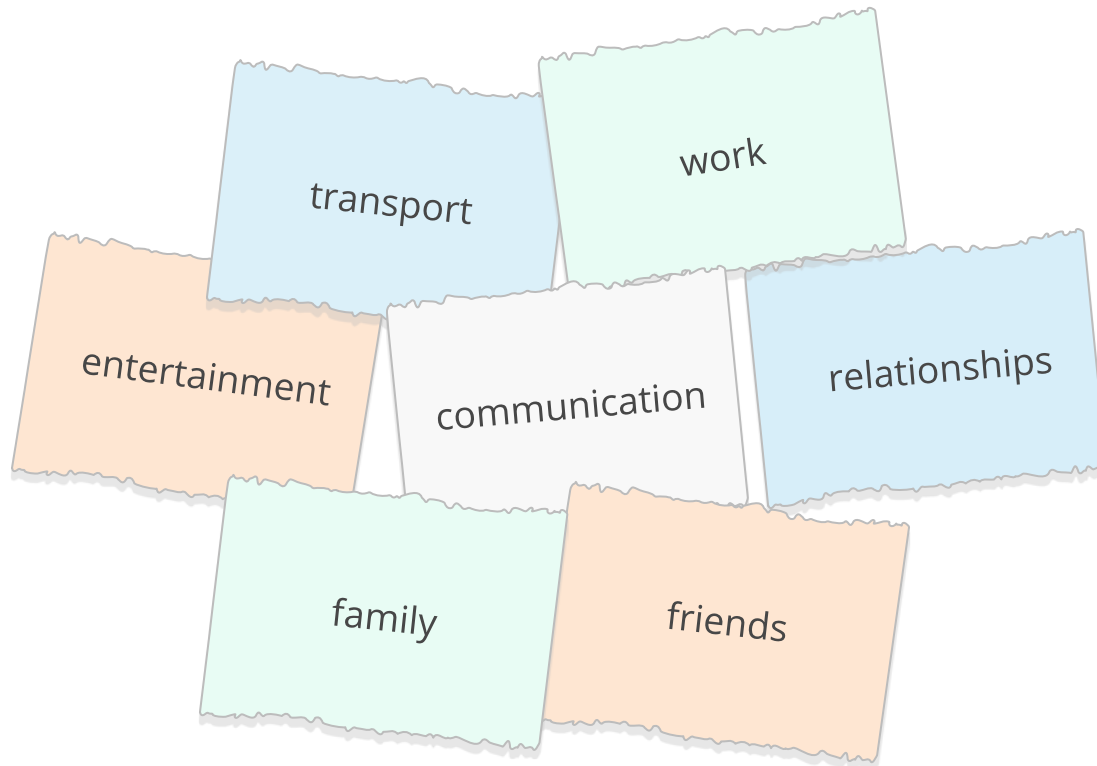
What kind of clothes do you usually wear? Did you use to wear a uniform at school?





## You and your grandparents

**Compare your life with that of your grandparents.  
Think about the things below.**







**Read through the beginning of this letter.**

21<sup>st</sup> May, Crown Place, London

Dear John,

You asked me to tell you about myself, so here goes!

During the week I usually get up about 7am. That's a big difference to my student days when I used to wake up about 10 or 11. What time do you usually get up? I usually go to the gym before I go to work – I didn't use to go to the gym when I was a kid, of course. I preferred playing football or just running around with my friends...

**Use this letter as an example for the task on the next page.**





## Writing

**You are going to write a letter to a new friend who asked you about things that you usually do now and that you used to do when you were a child. Ask your friend some questions too.**

- Use the ideas on the right to help with some topics.
- Compare your life now with your life when you were younger.
- Your letter should be about 200 words.







## I never used to cycle...

- For each of the pictures below, come up with a story using **usually** and **used to**.
- The person who has the most creative ideas, wins!

The old buildings used to be a...



Usually I go swimming on Mondays but this week...



And she asked me: *didn't you use to be a vegan?*



I usually eat my dinner at noon but on this particular day...







## Reflect on the goals

Go back to the second slide of the lesson and check if you have achieved all the goals of the lesson.

yes

no







## Reflect on this lesson

Think about everything you have seen in this lesson.  
What were the most difficult activities or words? The easiest?



If you have time, go over  
the most difficult slides again





## Answer key

### Activity p. 7

2. Usually I play, 3. he doesn't usually like, 4. they usually enjoy, 5. Usually we don't

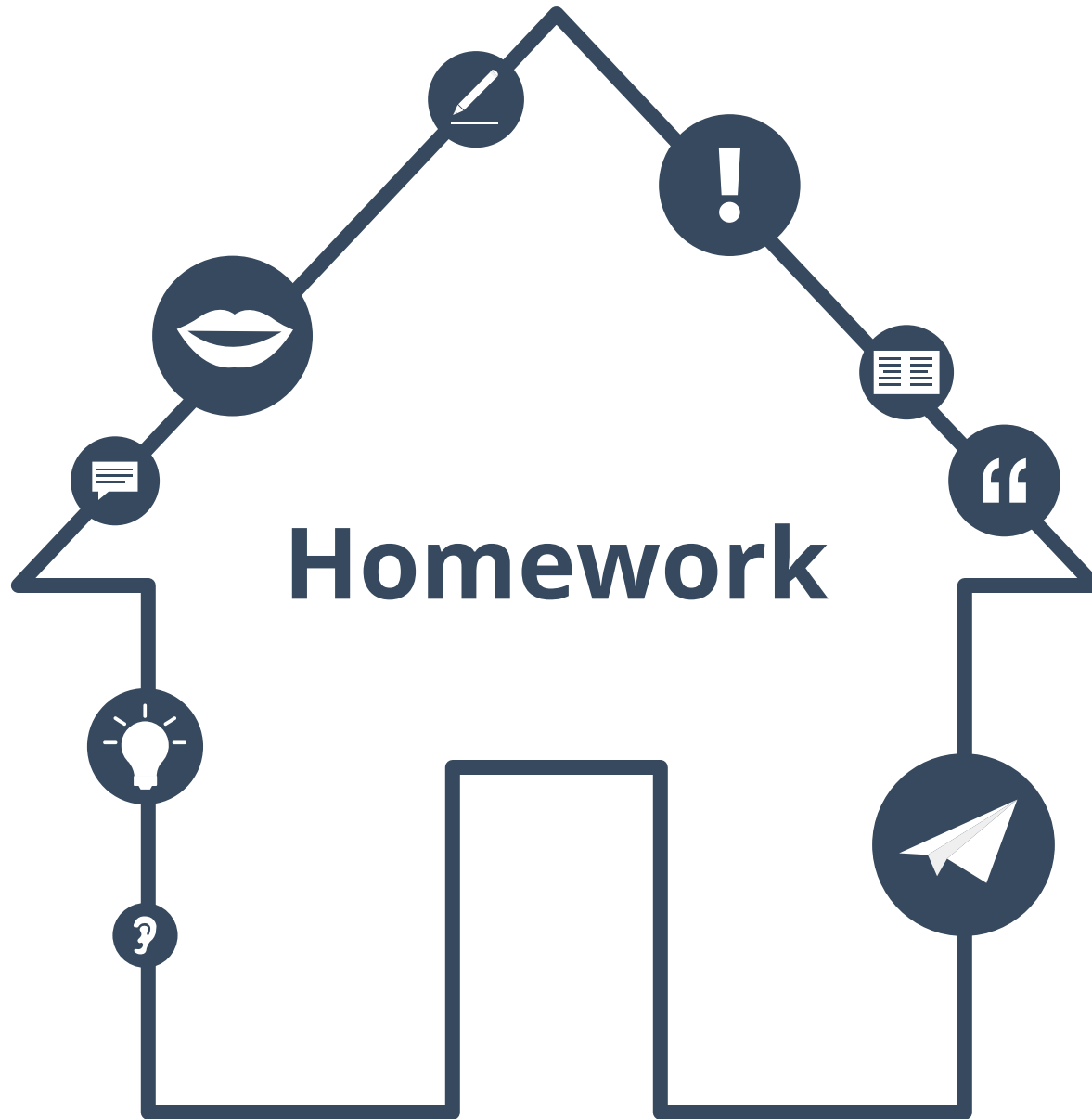
### Activity p. 14

1. Did you use to, 2. didn't use to, 3. used to, 4. didn't use to, 5. did you use to

### Activity p. 17

1. usually, 2. didn't use to, 3. usually, 4. Did you use to, 5. usually









## Unscramble

A

I usually

with my family

don't sit

in the evenings,

computer  
games or watch  
TV.

we all play

B

and talk

to each

used to sit

My  
grandparents

the evenings.

other in





## Writing

**Write a short text about the differences between your life and your grandparents. Use your ideas from p. 21 to help you.**

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## Homework answer key

### **Activity p. 26**

A. I usually don't sit with my family in the evenings, we all play computer games or watch TV.  
B. My grandparents used to sit and talk to each other in the evenings.





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