

Survival in the desert

SPEAKING

LEVEL
Advanced

NUMBER
C1_3048S_EN

LANGUAGE
English



lingoda

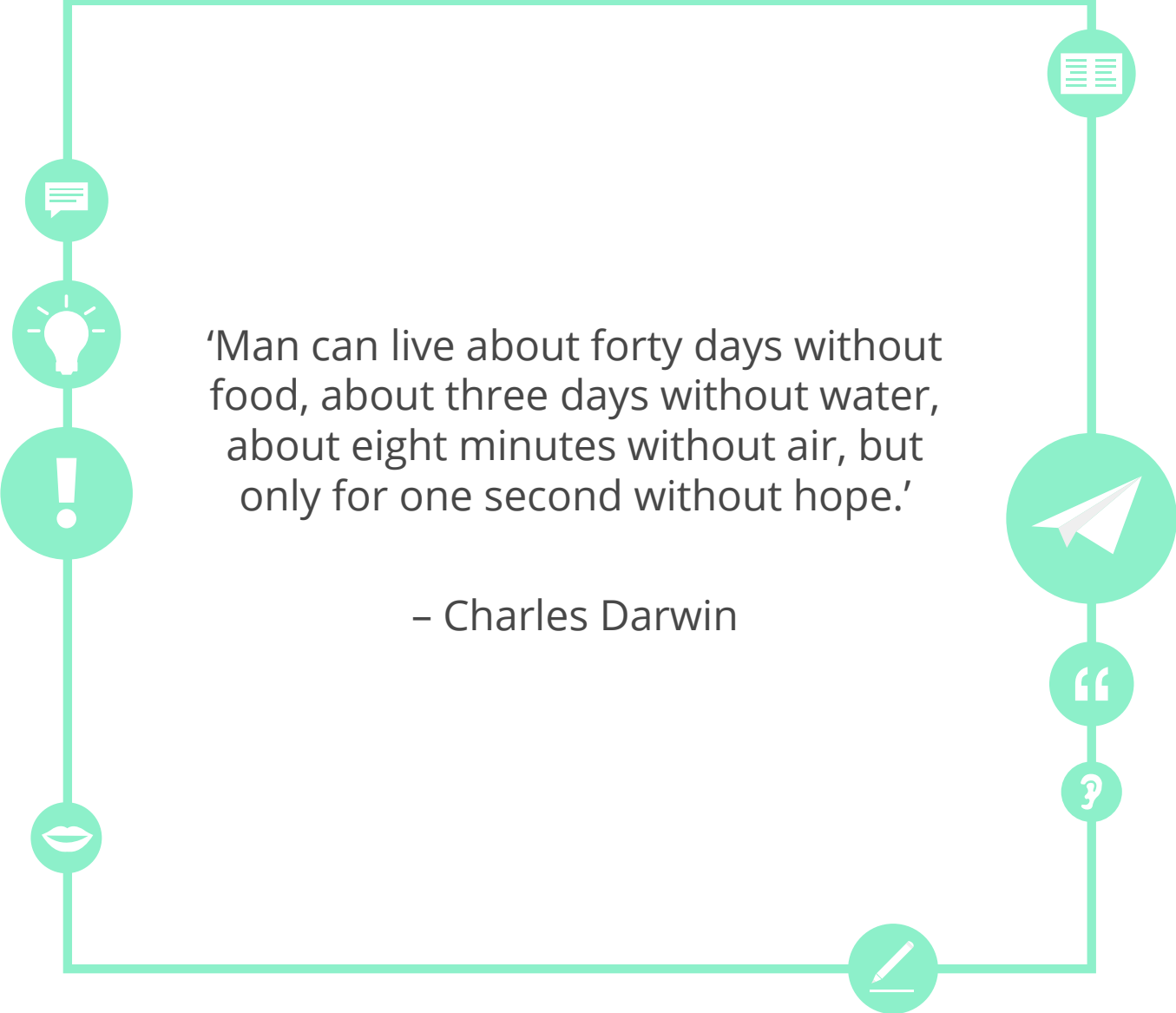




Goals

- Can read, listen to and understand a lengthy text on the topic of desert survival.
- Can evaluate some strategies for surviving in the wild and explain my own view of the concept of 'survival of the fittest'.





'Man can live about forty days without food, about three days without water, about eight minutes without air, but only for one second without hope.'

– Charles Darwin



Survival stories



What is your favourite film, book or TV show about survival in the desert, on an island, or somewhere else?



Getting lost

Have you ever
got lost? How
did it happen?





Getting lost

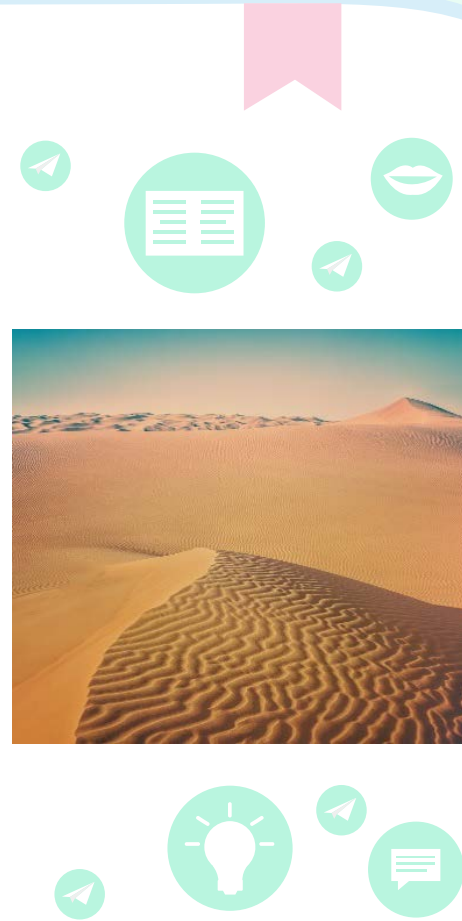
If you were to become lost in the desert, what would you do first?





Survival in the desert

Italian police officer Mauro Prospero was **fulfilling** a lifelong dream when he entered the The Marathon des Sables, a 250-kilometre race across the desert that is considered to be one of the world's most difficult **endurance** races. After a sandstorm caused him to lose his sense of direction Prospero knew he would be lost, and he immediately did something that would save his life later: he urinated in a bottle.





Survival in the desert

Getting lost in the desert is a frightening and life-threatening **ordeal**, but there are some things people can do to raise their chances of survival. It's said that humans can survive weeks without food—Ghandi went without for 21 days on a hunger strike—but water is a far more essential element for the body, especially in the desert heat. By urinating in a bottle, Prosperi had ensured he would have something to **sustain** himself within the hours or days ahead.





Survival in the desert



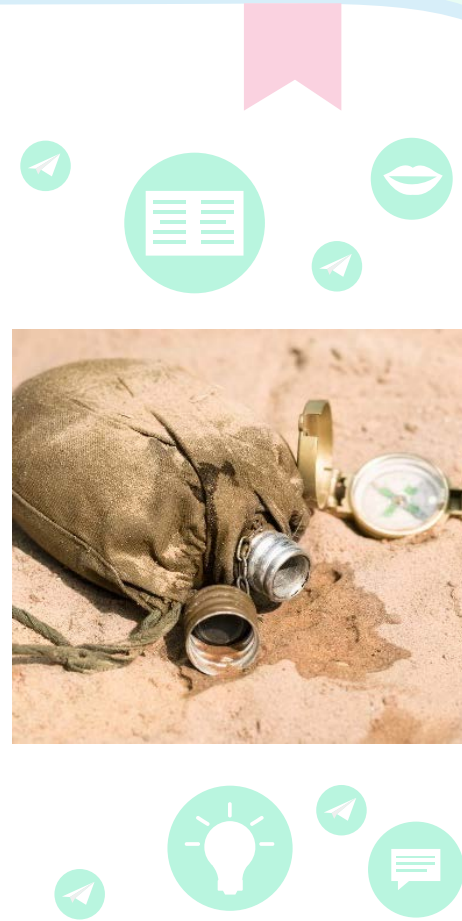
The biggest threats to survival in the desert are **dehydration** and **exposure** to the elements, both the harsh daytime sun and the cold of night. After water, cover or shelter should be a high priority, with long trousers and sleeves an absolute given.

When Victoria Grover broke her leg and became stranded in the deserts of Utah, she remembered the survival course she had taken 40 years earlier. She used her walking stick and scarf to make a **leg brace**, then slept during the daytime and stayed awake all night, **huddled** under her **poncho**. For the first three nights she was able to gather firewood, but on the fourth her leg hurt too badly. Thankfully, she was rescued the next day with just mild **hypothermia**.



Survival in the desert

Some people manage to survive in the desert out of **sheer luck** more than knowledge or skill. During World War II, a group of South African airmen got lost in the Libyan desert and were forced to land when one plane ran low on fuel. They sent another plane to **scout around** for help, and in the meantime drank 75 litres of water between the group. The search team had no luck, and after three days the men were out of fuel and water...





Discuss the meaning of the words with your teacher

endurance

ordeal

to huddle

exposure

to fulfill

to scout around

to sustain

dehydration

hypothermia



Dangers in the desert

The text mentions dehydration and exposure to be the biggest threats to survival in the desert. What other threats might there be? Below are some ideas.





Survival in the wilderness

There are plenty of places where it's difficult to survive. How would survival techniques differ from the desert in the locations below?





Imagine that...

You want to challenge yourself to a one-day hike through the desert.



1

What can you do to prepare for the hike? What would you include in your rucksack?



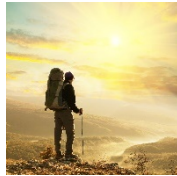
Imagine that...

You've finished your prep and the big day is here. You're on the hike!



1

What can you do to prepare for the hike? What would you include in your rucksack?



2

What can you do while hiking to avoid getting injured or lost?



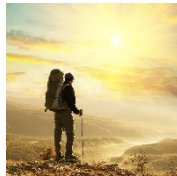
Imagine that...

You've tried your best but the worst happened. You're lost!



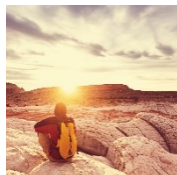
1

What can you do to prepare for the hike? What would you include in your rucksack?



2

What can you do while hiking to avoid getting injured or lost?



3

What actions can you take to increase your chances of surviving, and being rescued?



Sheer luck

**Have you ever
achieved anything
out of sheer luck?
Describe your
experience.**



Get ready to listen



The next few slides will focus on training your listening comprehension



Listen closely as your teacher reads and fill in the gaps. Use the words on the right if you're having trouble.

Desperate, they _____ the liquid inside their _____ and sprayed themselves with fire extinguishers to keep cool. The liquid was _____ toxic methanol, and the _____ of the _____ caused _____ wounds. Over the next few days the men started dying. After eight days a _____ aircraft finally found the _____, but only one lucky airman was still alive—just _____.

blast

barely

excruciating

compasses

group

actually

drank

extinguishers

rescue



Discuss the meaning of the words with your teacher

desperate

toxic

excruciating

methanol



Survival in the desert

What did the airmen do wrong that decreased their chances of survival?





Luck versus skill

Would you consider the airman who survived to be lucky, or the fittest?
Explain your reasoning.





Charles Darwin's theory of *Survival of the fittest*



Do you believe in survival of the fittest? Why or why not?



Just for fun

If you were stranded on a deserted island and could only have three things from home with you, what would they be and why?





Reflect on the lesson

Take a moment to review any new **vocabulary, phrases, language structures** or **grammar points** you have come across for the first time in this lesson.

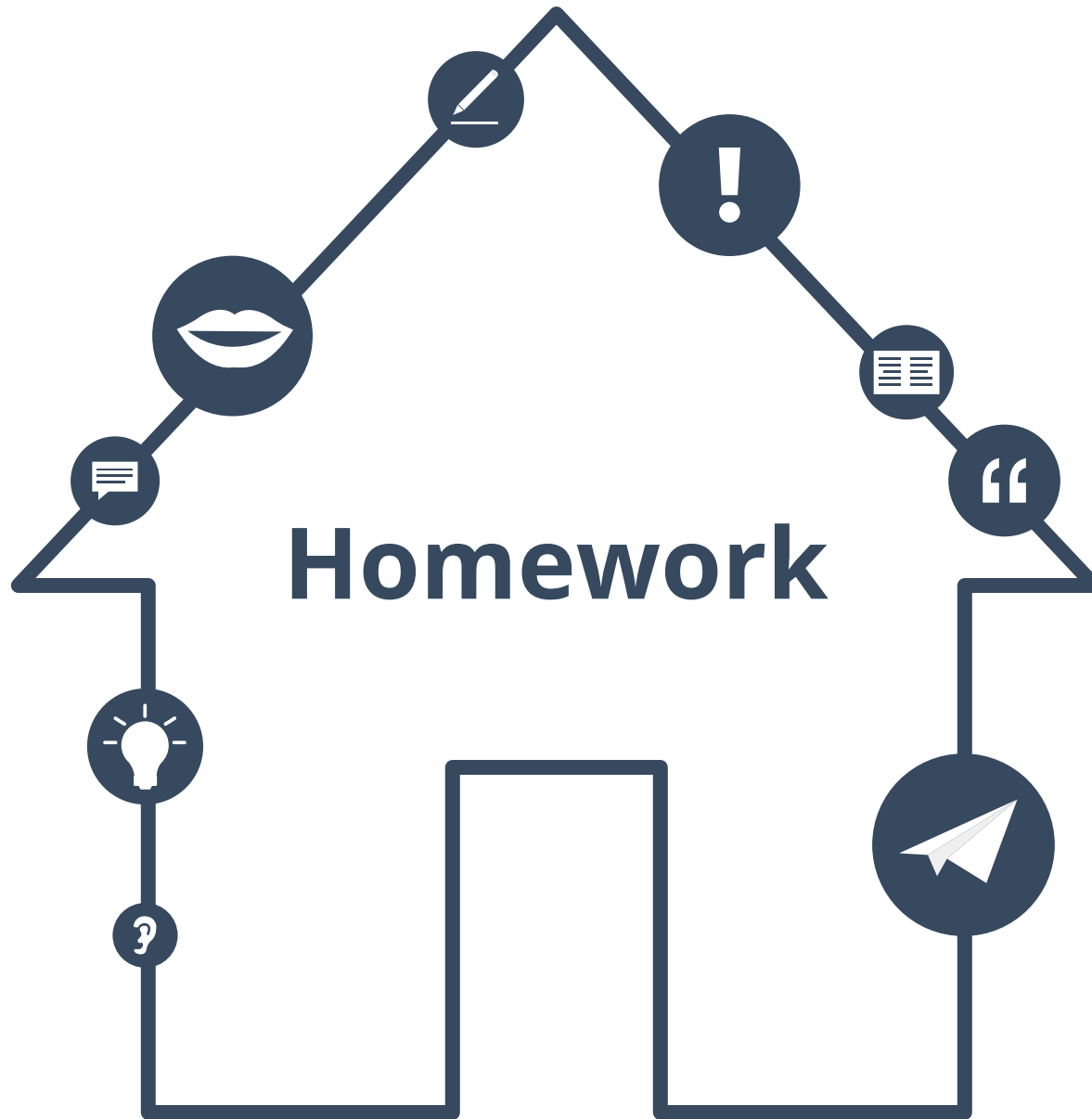
Review them with your teacher one more time to make sure you don't forget!





Transcription

Desperate, they drank the liquid inside their compasses and sprayed themselves with fire extinguishers to keep cool. The liquid was actually **toxic methanol**, and the blast of the extinguishers caused **excruciating** wounds. Over the next few days the men started dying. After eight days a rescue aircraft finally found the group, but only one lucky airman was still alive—just barely.





Describe your emotions

Make a list of different words you would use to describe how you'd feel in each situation.

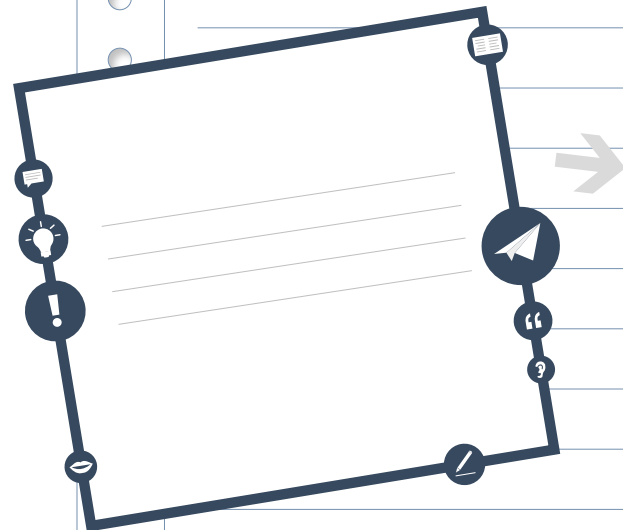
Getting lost

Getting rescued



Writing activity

Using one of your lists from the previous activity, write a paragraph imagining either getting lost or getting rescued.



A series of horizontal lines for writing, with three lines on the left side of the notepad illustration and several more lines extending to the right.



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